



ADR Px L-BP

Adrenal support



ADR Px L-BP capsules contain a highly concentrated form of glycyrrhiza (licorice), which supports the maintenance of healthy cortisol and aldosterone levels. This formula includes a potent blend of adaptogenic herbal extracts, such as organic holy basil and rhodiola, which support adrenal function and have a calming effect on the nervous system.

ADR Px L-BP was specifically designed to reduce occasional fatigue, augment stress resistance, and help preserve healthy cortisol levels. In addition, this adaptogenic formula also helps to sustain healthy brain function (e.g., mental performance), and provides antioxidant defenses against harmful free radicals.

Formulation Features

- Offers high doses of glycyrrhizic acid
- Promotes maintenance of healthy mineral corticoids
- Enhances stress tolerance
- Supports healthy stress response



Formula

Each/Chaque vegi cap contains:

Licorice root/racine extract 10:1 (Glycyrrhiza glabra L.)	
20% Glycyrrhizic acid 69 mg	345 mg
Organic Holy Basil leaf (Ocimum tenuiflorum)	
0.5% Volatile Oil 0.50 mg	100 mg
Organic Eleuthero root extract 50:1 (Eleutherococcus senticosus)	
0.8% Eleutherosides .4 mg	50 mg
Organic Rhodiola root (Rhodiola rosea)	
0.7% Salidroside 0.25 mg	35 mg
Organic Hawthorn Leaf and Flower (Crataegus laevigata)	35 mg
Organic Alfalfa herb (Medicago sativa L.)	25 mg

Non-Medicinal Ingredients: Hypromellose (capsule), Omega Oil Powder
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Organic Herbs are Certified Organic
Product is free of GMOs

95% of our herbs and herbal extracts are certified organic.

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Licorice root (*Glycyrrhiza glabra*) supports adrenal function, in part by affecting cortisol metabolizing dehydrogenase enzymes, supporting healthy aldosterone levels and toning the adrenal gland.

Eleuthero root (*Eleutherococcus senticosus*) Much of Eleuthero's actions are credited to the eleutherosides, which supports healthy energy and adrenal balancing effects.

Hawthorn Berry (*Crataegus* species) contains a group of flavonoid compounds, which are credited with much of the antioxidant and anti-inflammatory actions. Hawthorn, as a gentle nervine, may help to reduce the stress response contributing to adrenal weakness.

Rhodiola root (*Rhodiola rosea*) contains salidroside and rosavins shown to reduce stress symptoms in both human and animal studies. Rhodiola supports cardiovascular and respiratory efficiency and function in situations of extreme physical exertion.

Holy Basil (*Ocimum sanctum*) Holy Basil contains ocimulosides and cerebrosides, which have been shown to reduce the effects of stress on health.

Supplementation

- Take one to two capsules twice daily or as directed by your health care practitioner. Can be taken with or without food.

Diet & Lifestyle

- Minimize physical and emotional stress
- Eat organic, whole foods as much as possible
- Exercise moderately and consistently
- Avoid known allergens and toxic chemicals
- Sleep 7-8 hours minimum per night

Caution

The ingredients contained within Adrenal Px L-BP can elevate blood pressure and heart rate, thus these products are not intended to be taken by those with cardiovascular disease. Given the potency of the ingredients, patients taking Adrenal Px L-BP should have their heart rate and blood pressure monitored regularly.

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