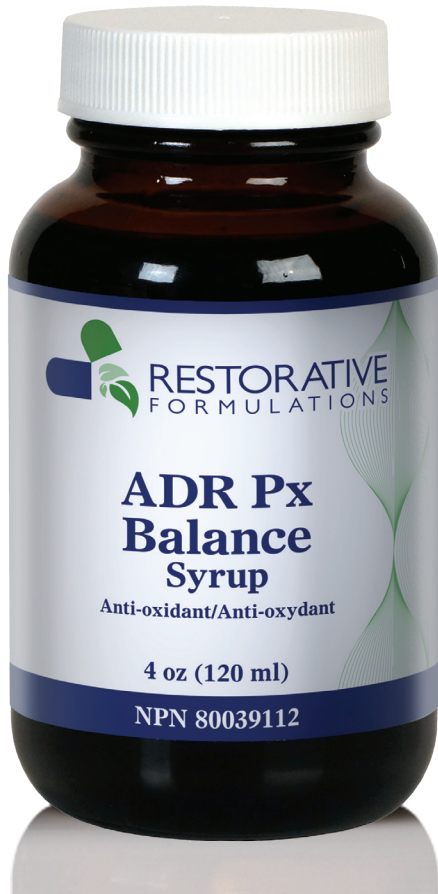




RESTORATIVE  
FORMULATIONS

# ADR Px Balance Syrup

*The adrenal glands manage the body's response to internal and external stressors.*



**ADR Px Balance Syrup** provides highly concentrated adaptogenic herbal support for adrenal function. This formula was designed to reduce occasional fatigue, increase resistance to stress, and help preserve healthy cortisol levels.

This syrup formula can be easily titrated for a smaller serving size and may be preferred by those who dislike or cannot tolerate capsules. It may be used as is, prepared with hot water to make a tea, or diluted with sparkling mineral water for a refreshing cold beverage.

## Formulation Features

- Promotes physical vitality and mental alertness
- Contributes to a balanced DHEA-to-cortisol ratio
- Similar formula to that of Adrenal Px Balance capsules, but in a syrup
- Certified Organic Eleuthero improves stress tolerance and energy
- Certified organic Hawthorn extract contains flavonoids which relax smooth muscle of blood vessels
- Formulated with 100% certified organic herbs and extracts

## Formula

Each Teaspoon/Chaque cuillère: 5ml

Vitamin C (ascorbic acid)	40 mg
Eleuthero root/racine extract, 0.8% eleutherosides (eleutherococcus senticosus), O	750 mg
Hawthorn berry extract 12:1 (crataegus laevigata), O	415 mg
Alfalfa/Luzerne (medicago sativa L), O	125 mg

### Constituent BioMarker Per Dose

Eleuthero Eleuthrosides B&E	6 mg
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O=Certified Organic

**Non-Medicinal ingredients:** distilled water, glycerin, lemon essential oil. **Ingredients non médicinaux:** eau distillée, glycérine, huile essentielle de citron.



95% of our herbs and herbal extracts are certified organic.

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**Eleuthero** (*Eleutherococcus senticosus*) Much of Eleuthero's actions are credited to the eleutherosides, which have anti-fatigue and adrenal balancing effects. In addition, Eleuthero contains immune polysaccharides which show significant immunostimulatory activities.

**Hawthorn Berry** (*Crataegus* species) contains a group of flavonoid compounds, which are credited with much of the antioxidant and anti-inflammatory actions. Hawthorn, as a gentle nervine, may help to reduce the stress response contributing to adrenal weakness and supports relaxed smooth muscle of blood vessels.

## Supplementation

- 1/2 to one teaspoon in the morning and afternoon, or as directed by your health care practitioner. Can be taken with or without food..

## Diet & Lifestyle

- Minimize physical and emotional stress
- Eat organic, whole foods as much as possible
- Exercise moderately and consistently
- Avoid known allergens and toxic chemicals
- Sleep 7-8 hours minimum per night

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