

# PRO Bones

MCHA + cofactors to reduce risk of osteoporosis

- Bone health
- Osteopenia
- Osteoporosis
- Arthritis
- Joint pain
- Joint health



## PRODUCT DESCRIPTION

Pro Bones contains all of the essential nutrients required for building healthy bones, including calcium, vitamin D, and magnesium. Pro Bones can benefit bone and joint health in those with or who are at risk of osteopenia, osteoporosis, and arthritis.

Pro Bones increases bone mass, improves bone growth quality, and reduces the risk of fractures. As a superior source of calcium, MCHC can slow bone loss and actually reverse it. Manganese is included to ensure the proper function of osteoblasts, vitamin K to regulate calcium and keep it within the bone, and glucosamine for joint and cartilage repair.

## AOR ADVANTAGE

AOR's MCHC is derived from New Zealand bovine bone: a pure extract sourced from pasture-fed, free-range livestock not subjected to routine antibiotics or recombinant bovine growth hormone (rBGH). In accordance with the latest research, Pro Bones now also contains both MK-4 and MK-7 as sources of vitamin K2. A vegetarian glucosamine sulfate has also replaced the shellfish-sourced glucosamine HCl, making Pro Bones shellfish-free.

### NPN: 80085880

240 capsules

AOR 34085

### Serving Size:

Six capsules

### Medicinal Ingredients:

Calcium (from bone meal, MCHA)	900 mg
Phosphorus (from bone meal, MCHA)	407 mg
Boron (citrate)	700 mcg
Copper (citrate)	1000 mcg
Magnesium (ascorbate, citrate, glycinate)	200 mg
Manganese (bisglycinate)	5 mg
Zinc (citrate)	11 mg
Vitamin C (ascorbyl palmitate, ascorbic acid, magnesium ascorbate)	100 mg
Vitamin K2 (MK-7/MK-4)	120 mcg
Vitamin D3 (cholecalciferol)	1000 IU (25 mcg)

### Non-medicinal Ingredients:

Silicon dioxide, microcrystalline cellulose, starch, sucrose, arabic gum, sunflower oil, tocopherol, medium chain triglycerides, and tricalcium phosphate.

Capsule: hypromellose.

### Adult Dosage:

Take one to six capsules daily with meals a few hours before or after taking other medications, or as directed by a qualified health care practitioner. Do not open capsules, as this may compromise the stability of the medicinal ingredients.

### Cautions:

Consult a health care practitioner prior to use if you are pregnant, breastfeeding, taking blood thinners, if you have been diagnosed with estrogen dependant cancer or have a kidney disorder. This product contains corn, do not use if you have an allergy.

### Complementary Products:

Pro Boswellia Max, Pro Magnesium Plus, Pro Curcumin