# Green Tea

# Protect against oxidative damage

- Normal cell growth and differentiation
- Antioxidant
- Anti-aging

- Cardiovascular health
- General health









### PRODUCT DESCRIPTION

AOR'S Pro Green Tea is a standardized green tea extract providing 1,500 mg of epigallocatechin gallate (EGCG) to match human clinical studies and contains a small amount of caffeine for a synergistic effect.

EGCG from green tea has been shown to promote normal cell growth and development. In addition to being a potent antioxidant, it has anti-inflammatory and anti-cancer, and anti-aging properties.

### **AOR ADVANTAGE**

Pro Green Tea has the highest standardization for EGCG and contains 30 more capsules than AOR's Active Green Tea to support long-term antioxidant supplement regimens. Just three capsules of Pro Green Tea equate to 10 cups of sencha green tea.

### NPN: 80005898

120 capsules

# Serving Size:

One capsule

### **Medicinal Ingredients:**

Green Tea leaf extract (Camellia sinensis) Total Catechins 60-90% - Epigallocatechin gallate (EGCg) 36-54%

- Epicatechin gallate (ECg)
- Epigallocatechin (EGC)
- Epicatechin (EC)
- Caffeine NMT 3%

# Non-medicinal Ingredients:

Ascorbyl palmitate, sodium stearyl fumarate

Capsule: hypromellose

### Adult Dosage: AOR 34067

700 mg

455 mg

315 mg

75 mg

30 mg

35 mg

7 mg

To equate the EGCg consumption of the best Japanese studies, take one capsule three times daily with food, or as directed by a qualified health care practitioner.

### Cautions:

Consult a health care practitioner prior to use if you are pregnant or breastfeeding. Consult a health care practitioner for use beyond 12 weeks, if you have a liver disorder, or if you have an iron deficiency. Rare, unpredictable cases of liver injury associated with green tea extract-containing products have been reported (in Canada and internationally). Discontinue use if you develop symptoms of liver trouble, such as yellowing of the skin/eyes (jaundice), stomach pain, dark urine, sweating, nausea, unusual tiredness or loss of appetite and consult a health care practitioner.

### **Complementary Products:**

Pro Bioflavonoids, Pro Quercetin, Pro Lipoic Acid