

PRO Theanine

Promotes relaxation without drowsiness

- Stress
- Cognitive function
- Anxiety
- Mood

 Vegan  Gluten Free



PRODUCT DESCRIPTION

L-theanine is a unique amino acid primarily found in green tea. It helps reduce the effects of stress by altering central nervous system function and, promoting alpha brain wave activity. The resulting effect is a state of relaxed alertness.

AOR ADVANTAGE

Pro Theanine provides an optimal dose of L-theanine to provide fast-acting mental relaxation, with its stress-reducing effects typically felt within 30 to 40 minutes of consumption, with 30 more capsules per bottle.

NPN: 80004795
90 capsules

Serving Size:
One capsule

Medicinal Ingredients:
L-Theanine

Non-medicinal Ingredients:
Microcrystalline cellulose.
Capsule: hypromellose.

AOR 34079

225 mg

Adult Dosage:

Take one capsule daily without food, or as directed by a qualified health care practitioner.

Cautions:

Consult a health care practitioner prior to use if you are pregnant or breastfeeding. Do not crush, blend or mix the capsules. Swallow the capsules whole.

Complementary Products:

Pro Sleep, Pro Destress, Pro Saffron