# Berberine HCl

Berberine is a bitter-tasting alkaloid present in the roots, rhizomes and stem barks of select plants including Barberry (*Berberis vulgaris*).<sup>(1)</sup> Berberine has a long history of use in both Chinese and Ayurvedic medicine, primarily to support gastrointestinal function. Berberine has demonstrated significant activity against a wide variety of organisms including a broad spectrum of bacteria, yeasts, fungus and parasites. Its mechanism of action is thought to result in part from its characteristic structure, which is that of a planar cationic molecule. This structural arrangement enables it to intercalate the DNA structure, similar in fashion to the mechanism of ethidium bromide.<sup>(2)</sup>

In addition, Berberine has been shown to be supportive of healthy blood sugar levels, including fasting and postprandial blood glucose, and HbA1c.<sup>(3)</sup> The mode of action is believed to result from its ability to modulate key molecules in the insulin signaling pathway, leading to increased glucose uptake in insulin-resistant cells.<sup>(4)</sup>

Berberine has also been shown to be supportive of normal blood lipid levels, with the apparent mode of action being described as an increase in the production of a receptor protein in the liver which binds LDL-cholesterol, preparing it for elimination (5)

**Cautions: Berberine HCl** is not recommended for children, pregnant or lactating women, or those suffering

To place your order for **Berberine HCl** or for additional information please contact us below.

from congestive heart failure.

### References

- 1. Berberine. *Altern Med Rev.* 2000;5(2):175-177.
- 2. Jennings BR, Ridler PJ. Interaction of chromosomal stains with DNA. An electrofluorescence study. *Biophys Struct Mech.* 1983;10(1-2):71-9.
- 3. Yin J, Xinga H, Yeb J. Efficacy of berberine in patients with type 2 diabetes mellitus. *Metabolism Clinical* and Experimental. 2008 57:712–717.



- Liua L-Z, Cheunga SCK, Lana L-L, Hoa SKS, Xub H-X, Chana JCN, Tong PCY. Berberine modulates insulin signaling transduction in insulin-resistant cells. Molecular and Cellular Endocrinology. April 2010 317(1-2): 148–153.
- 5. Kong Weijia, et al. Berberine is a novel cholesterol-lowering drug working through a unique mechanism distinct from statins. *Nature Medicine*. 2004 10(12):1344-1351.

Berberine HCl is available in 90 ounce bottles (#5212).

Supplement Facts Serving Size: 1 Capsule			
	Amount Per Serving	% Daily Value	
Berberine Hydrochloride	500 mg	*	
* Daily Value not established			

**Other ingredients:** Cellulose, capsule shell (gelatin and water) and magnesium stearate (vegetable source).

Berberine HCI is purified from Berberis vulgaris.

This product is gluten and dairy free.

**RECOMMENDATION:** One (1) capsule each day as a dietary supplement or as otherwise directed by a healthcare professional.

**CAUTION:** Not recommended for children, pregnant or lactating women.

### **KEEP OUT OF REACH OF CHILDREN**

Store in a cool, dry area. Sealed with an imprinted safety seal for your protection.

Product # 5212 Rev. 05/13





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## Other Primary Cardiometabolic Support Formulas



### Berberine HC

### Product Number: 5212 (90C)

Berberine HCl supplies Berberine HCl isolated from Berberis vulgaris (barberry). Berberine has a long history of use in both Chinese and Ayurvedic medicine to support normal glucose and/or lipid metabolism.

### **Active Ingredients:**

Berberine Hydrochloride. Berberine HCl is purified from Berberis vulgaris.



Other ingredients: Cellulose, capsule shell (gelatin and water) and magnesium stearate (vegetable source).

Berberine HCl is purified from Berberis vulgaris. This product is gluten, dairy and GMO free.



## Biomega-1000™

**Biomega-1000™** provides a potent dose of omega-3 essential fatty acids (EFAs), sourced from a strategically-placed facility in the far South Pacific Ocean off the coast of Chile, guaranteeing the freshest raw material available, full traceability of the product and unparalleled purity. **Biomega-1000™** capsules deliver an impressive 1,000 mg of EPA and DHA, making it the ideal choice for therapeutic

### **Active Ingredients:**

Vitamin E (as mixed tocopherol), Omega-3 fatty acids

Supplement Facts Serving Size: 1 Softgel Capsule			
300	Amount Per Serving	% Daily Value	
Calories	15		
Calories from Fat	15		
Total Fat	1.5 g	2%*	
Saturated Fat	<1 g	<3%*	
Vitamin E (as mixed tocopherols)	4 mg	27%	
Omega-3 fatty acids	1.14 g	†	
* Percent Daily Values based on a	a 2 000 calorie d	iet	

### ngredients: Capsule shell (gelatin, glycerin, water and carob). Contains ingredients derived from Anchov

this product is gluten and daily free.
Each softgel capsule of Biomega-1000™ contains
1,000 mg of EPA and DHA, providing a natural source of
the following total Omega-3 fatty acids:
EPA (Eicosapentaenoic acid) 570 m
DHA (Docosehexaenoic acid)
410



# CoQ-Zyme 100 Plus™

**CoQ-Zyme 100 Plus™** supplies 100 mg of emulsified co-enzyme Q10, along with the B-complex vitamins Thiamin, Riboflavin, Niacin, Vitamin B6, Folate, Vitamin B12, Biotin and Pantothenic acid.

### **Active Ingredients:**

Thiamin (B1) (as cocarboxylase chloride); Riboflavin (B2) (as riboflavin-5-phosphate); Niacin (as niacin & niacinamide); Vitamin B6 (as pyridoxal-5-phosphate); Folate (as calcium folinate); Vitamin B12 (as methylcobalamin); Biotin; Pantothenic acid (as calcium pantothenate); Coenzyme Q10 (emulsified); Superoxide Dismutase (from vegetable

culture†); Catalase (from vegetable culture†) † Specially grown, biologically active vegetable culture containing naturally associated phytochemicals including polyphenolic compounds with SOD and catalase, dehydrated at low temperature to preserve associated enzyme factors.

	Serving	% Da Valu			
Thiamin (B1) (as cocarboxylase chloride)	1.5 mg	1009			
Riboflavin (B2) (as riboflavin-5-phosphate)	1.7 mg	1009			
Niacin (as niacin & niacinamide)	20 mg	1009			
Vitamin B6 (as pyridoxal-5-phosphate)	2 mg	1009			
Folate (as calcium folinate)	400 mcg	1009			
Vitamin B12 (as methylcobalamin)	6 mcg	1009			
Biotin	300 mcg	1009			
Pantothenic acid (as calcium pantothenate)	10 mg	1009			
Coenzyme Q10 (emulsified)	100 mg	*			
Superoxide Dismutase (from vegetable culture	e†) 80 mcg	*			
Catalase (from vegetable culture†)	80 mcg	*			
* Daily Value not established					
Other ingredients: Capsule shell (gelatin and water), gum arabic and magnesium stearate (vegetable source).					

Supplement Facts
Serving Size: 1 Capsule

## GlucoBalance®

### Product Number: 1850 (90C) and 1851 (180C)

GlucoBalance® was formulated by Johnathan Wright, MD and Alan Gaby, MD, and is specifically targeted to support individuals with undesirable blood sugar levels. In these individuals, specific dietary needs may exist, necessitating the need for higher amounts of important micronutrients. Deficiencies of certain minerals such as potassium, magnesium, zinc and chromium, are well documented in those with uncontrolled hyperglycemia, and may predispose these individuals to carbohydrate intolerance. {Chehade JM, Sheikh-Ali M, Mooradian AD. The Role of Micronutrients in Managing Diabetes. Diabetes Spectrum. September 21, 2009 22:4 214-218.} **GlucoBalance**® may also be beneficial in supporting normal, healthy blood lipid levels.

### **Active Ingredients:**

Vitamin A (as retinyl acetate); Vitamin C (as calcium ascorbate and ascorbic acid); Vitamin D (as cholecalciferol); Vitamin E (as d-alpha tocopheryl acetate); Thiamin (B1) (as thiamin mononitrate); Riboflavin (B2); Niacin (as niacinamide and niacin); Vitamin B6 (as pyridoxine hydrochloride); Folate (as calcium folinate); Vitamin B12 (as methylcobalamin); Biotin; Pantothenic Acid (as calcium pantothenate); Calcium (as ascorbate, citrate and carbonate); Magnesium (as aspartate, citrate and oxide); Zinc (as zinc picolinate and zinc citrate); Selenium (as selenomethionine); Copper (as copper gluconate); Manganese (as manganese citrate); Chromium (as chromium aspartate); Potassium (as potassium aspartate); Vanadium (as vanadium aspartate); L-Carnitine

## **Supplement Facts** Serving Size: 6 Capsules Servings Per Container: 15

	Serv			Value
Vitamin A (as retinyl acetate)	1,500	mcg	RAE	167%
Vitamin C (as calcium ascorbate and ascorbic a	cid) 500	mg		556%
Vitamin D (as cholecalciferol)	2.5	mcg		13%
Vitamin E (as d-alpha tocopheryl acetate)	270	mg	1	,800%
Thiamin (B1) (as thiamin mononitrate)	50	mg	4	,167%
Riboflavin (B2)	25	mg	1	,923%
Niacin (as niacinamide and niacin)	150	mg		938%
Vitamin B6 (as pyridoxine hydrochloride)	30	mg	1	,765%
Folate (as calcium folinate)	800	mcg	DFE	200%
Vitamin B12 (as methylcobalamin)	50	mcg	2	2,083%
Biotin	3,000	mcg	10	,000%
Pantothenic Acid (as calcium pantothenate)	100	mg	2	2,000%
Calcium (as ascorbate, citrate and carbonate)	200	mg		15%
Magnesium (as aspartate, citrate and oxide)	400	mg		95%
Magnesium (as aspartate, citrate and oxide)	400	mg		95

	Amount Per Serving	% Daily Value
Zinc (as zinc picolinate and zinc citrate)	30 mg	272%
Selenium (as selenomethionine)	150 mcg	272%
Copper (as copper gluconate)	2 mg	222%
Manganese (as manganese citrate)	20 mg	870%
Chromium (as chromium aspartate)	1,000 mcg	2,857%
Potassium (as potassium aspartate)	99 mg	2%
Vanadium (as vanadium aspartate)	20 mcg	*
L-Carnitine fumarate	30 mg	*

Other ingredients: Capsule shell (gelatin and water) and magnesium

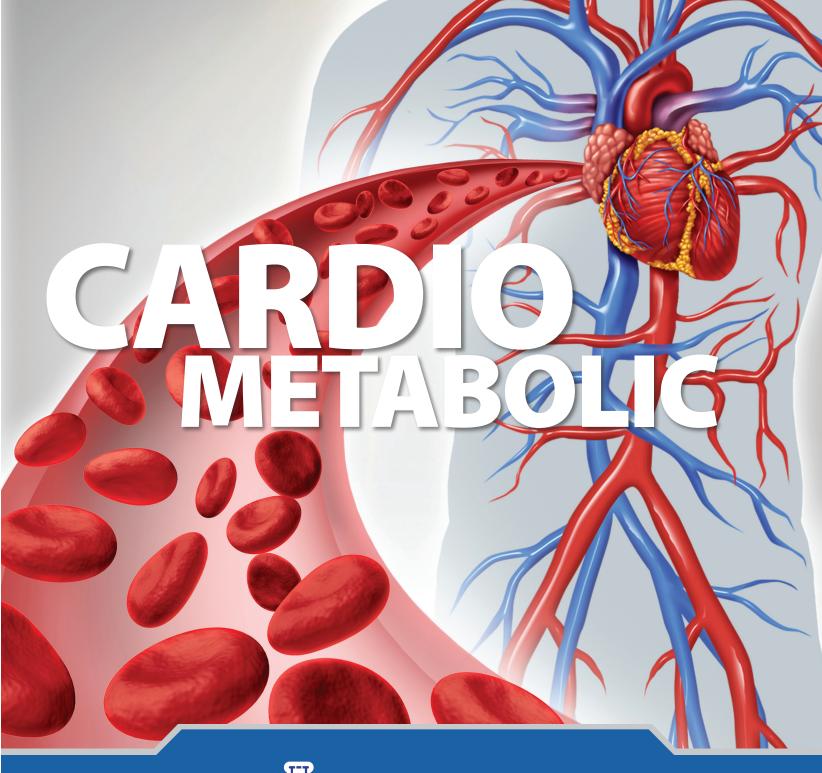
This product is gluten, dairy and GMO free.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



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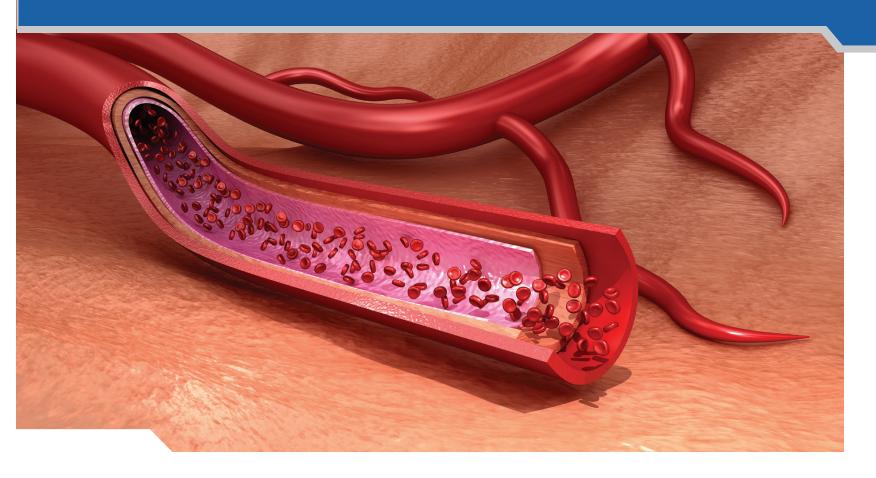
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SUPPLEMENTS TO SUPPORT CARDIOVASCULAR & METABOLIC HEALTH

# Cardiometabolic Support from Biotics Research



Cardiovascular disease (CVD) remains the leading cause of mortality for both men and women worldwide. Cardiometabolic health involves a group of interrelated factors and encompasses healthy blood lipid levels, circulatory and blood vessel function, optimal blood sugar levels and overall heart health.



With a growing public concern for cardiometabolic health, Biotics Research Corporation, in conjunction with Dr. Mark Houston, Associate Clinical Professor of Medicine at Vanderbilt Medical School and Director of Hypertension Institute and Vascular Biology in Nashville, has developed a unique selection of "heart-healthy" nutritional formulas.

Adjunct Products: Bio-D-Mulsion Forte<sup>®</sup>, Bio-K-Forte Caps<sup>®</sup>, CurcumRx<sup>®</sup>, Mg-Zyme<sup>™</sup>, and Optimal EFAs® Caps



## Bio-CardioSirt BP®

EFA-Sirt Supreme®

### Product Number: 2905 (8oz)

**Bio-CardioSirt BP®** supplies a unique, patented (US 9,642,885 B2) combination of seven (7) key micronutrients that support normal, healthy blood pressure levels. These include the vitamins C, D and B6, along with Biotin, Magnesium, Taurine and Grape Seed extract.

### **Active Ingredients:**

Vitamin C (as magnesium ascorbate), Vitamin D (as cholecalciferol), Vitamin B6 (as pyridoxine hydrochloride), Biotin, Magnesium (as magnesium ascorbate), Taurine and MegaNatural®-BP grape seed extract. MegaNatural®-BP and its logo are trademarks of Constellation Brands, Inc.

**EFA-Sirt Supreme®** supplies a unique, highly concentrated essential fatty

DHA and GLA, with all-natural mixed tocopherols, specially formulated to be

acid blend, providing an extremely effective relative combination of EPA,

Natural Mixed Tocopherols including, d-gamma tocopherols, d-delta tocopherol,

d-beta tocopherol, and d-alpha tocopherol, 360 mg; GLA (Gamma Linolenic Acid)

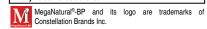
750 mg; Total Omega-3 Fatty Acid 1.7 g; EPA (Eicosapentaenoic Acid) 900 mg; DHA

(Docosahexaenoic Acid) 600 mg; Additional Omega-3 Fatty Acids 200 mg



# **Supplement Facts** 1,000 mg 1666% 2,000 IU 500% Vitamin C (as magnesium ascorbate)

\*Daily Value not established



**Supplement Facts** 

drai Mixed Tocopherols including d-gamma tocopherols, d-delta tocop d-beta tocopherol, and d-alpha tocop

Total Omega-3 Fatty Acid



### Red Yeast Rice Product Number: 8000 (90C)

The yeast *Monascus purpureus*, grown on rice, is known in the nutritional industry as **Red Yeast Rice** (RYR). In many Asian countries, it is a dietary staple. In Traditional Chinese Medicine (TCM), **Red Yeast Rice** has been utilized for thousands of years. In addition to its functional impact on blood lipids, it has been implicated in the support of digestion, blood movement, and the strengthening of the spleen. To ensure safety, Biotics Research's **Red Yeast Rice** is screened for the mycotoxin, citrin.

### **Active Ingredients:**

Red Yeast Rice



Red Yeast Rice

† Daily Value not established

\* Percent Daily Values are based on a 2,000 calorie die Other ingredients: Capsule shell (gelatin and water), and magnesium stearate (vegetable source).

2,400 mg

This product is gluten and dairy free

**Supplement Facts** 



## ResveraSirt-HP®

### Product Number: 2930 (30C) and 2931 (120C)

Each capsule of **ResveraSirt-HP®** supplies 250 mg of purified Trans-Resveratrol, produced via a proprietary fermentation process, free from contamintents such as benzopyrine, often seen in other commonly used and less costly sources of Resveratrol. Quercetin is added for its ability to slow the metabolism of resveratrol. Also included in this formula is IP6 (phytic acid or phytin), a 6-phosphate ester of inositol derived from rice. Effective at a wide pH range, IP6 is a strong metal chelator, and thus aids in stabilizing the formula. By using the purified form of Resveratrol, **ResveraSirt-HP®** does not cause the GI distress often associated with lesser grades of this material.

Trans-Resveratrol (from fermentation), Quercetin, Calcium magnesium phytate

Other ingredients: Microcrystalline cellulose and capsule shell

This product is gluten and dairy free



### Product Number: 2935 (240C)

high in gamma (y)-Tocopherol.

**Active Ingredients:** 

**Lipid-Sirt®** provides support for vascular integrity and healthy aging by supporting and stimulating sirtuin activity. Specific nutritional compounds have been demonstrated to have a positive impact on cholesterol levels. Lipid-Sirt® supplies some of these specific nutrients, which have been demonstrated to: 1) modify the production of cholesterol in the liver by reacting with hepatic enzymes, 2) increase cholesterol excretion via the bile, and 3) inhibit cholesterol uptake from the intestine.

### **Active Ingredients:**

Pantethine, Plant Sterols (from soybean), Green Tea Extract (50% EGCG) (leaf), Deltatocotrienol (from annatto seed), Phytolens®\*\* (Lens esculenta extract) (husk). Contains ingredients derived from soybean. \*\* Phytolens® is a registered trademark of Biotics Research Corporation, U.S. Patent No. 5,762,936.

# **Supplement Facts** Green Tea Extract (50% EGCG) (leaf) Delta-tocotrienol (from annatto seed) Phytolens® \*\* (Lens esculenta extract) (husk)

Other ingredients: Capsule shell (gelatin and water), cellulose, silica, magnesium stearate (vegetable source), and modified cellulose aum.

Contains ingredients derived from soybea

\*Daily Value not established

\*\* Phytolens® is a registered trademark of Biotics Research Corporation. U.S. Patent No. 5,762,936

This product is gluten and dairy free



## VasculoSirt®

### Product Number: 2924 (150C) and 2925 (300C)

VasculoSirt® is a revolutionary nutritional supplement designed to slow vascular aging, promote vascular and heart health, and provide healthy support for blood pressure, cholesterol, glucose and insulin levels.

### **Active Ingredients:**

Vitamin A (as mixed carotenoids), Vitamin C (as ascorbic acid), Vitamin D3 (as cholecalciferol), Vitamin K (as menaguinone-7 (extract of Bacillus subtilis natto) and as phytonadione}, Thiamin (B1) (as thiamin mononitrate), Riboflavin (B2), Niacin, Vitamin

	Vitamin A (as mixed carotenoids)	3,750	IU	75%	Olive Extract (Olea europaea) (fruit)	50 mg
	Vitamin C (as ascorbic acid)	250	mg	417%	Quercetin (Dimorphandra mollis)	50 mg
	Vitamin D3 (as cholecalciferol)	2,000	IU	500%	Ginkgo Extract (Ginkgo biloba) (leaf)	5 mg
	Vitamin K (as Mena Q7 <sup>TM*</sup> menaquinone-7				Phytolens <sup>o</sup> *** (Lens esculenta extract)	5 mg
	(extract of Bacillus subtilis natto) and				Lutien (from Aztec Marigold flower)	5 mg
	as phytonadione)		mcg	63%	Lycopene (from Tomato)	1.5 mg
	Thiamin (B1) (as thiamin mononitrate)		mg	333%	-	
	Riboflavin (B2)		mg	294%	† Daily Value not established	
	Niacin	25	mg	125%	Other ingredients: Capsule shell (gelatin	and water and
	Vitamin Be (as pyridoxine HCI)		mg	2,500%	stearate (vegetable source) and gum arabic.	and water), magnet
	Folate (as calcium folinate)	400	mcg	100%		
	Vitamin B12 (as methylcobalamin)	50	mcg	833%	* MenaQ7™ is the trademark of NattoPharma	
	Biotin	2,500	mcg	833%	** Albion <sup>®</sup> brand Magnesium Glycinate. A	lbion laboratories, Inc
	Pantothenic Acid (as calcium pantothenate)	12.5	mg	125%	Clearfield, Utah.	
	Magnesium (as magnesium glycinate**)	125	mg	31%	Phytolens <sup>®</sup> is a registered tradema	
	Zinc (as zinc picolinate)	15	mg	100%	Corporation. US. Patent No. 5,762,936, Biotic	s Hesearch Corporatio
	Selenium (as selenomethionine)		mcg	71%	This product is gluten an	nd dairy free
	Copper (as copper citrate)	0.5	mg	25%	Time product to gratem an	ia aan y noo.
	Coenzyme Q10 (emulsified)	50	mg	- †		
	Trans-Resveratrol (from fermentation)	50	mg	+		
IS	R-Alpha Lipoic Acid					
	(from stabilized sodium salt)		mg	†	I	
	Green Tea Extract (50% EGCG) (leaf)	500	mg	T		
	Acetyl-I -Carnitine hydrochloride	500	ma	- t		

B6 (as pyridoxine HCl), Folate (as calcium folinate) Vitamin B12 (as methylcobalamin), Biotin, Pantothenic Acid (as calcium pantothenate), Magnesium (as magnesium glycinate\*), Zinc (as zinc picolinate), Selenium (as selenomethionine), Copper (as copper citrate), Coenzyme Q10 (emulsified), Trans-Resveratrol (from fermentation), R-Alpha Lipoic Acid (from stabilized sodium salt), Green Tea Extract (50% EGCG) (leaf), Acetyl-L-Carnitine hydrochloride, Olive Extract (Olea europaea) (fruit), Quercetin (Dimorphandra mollis), Ginkgo Extract (Ginkgo biloba) (leaf), Phytolens®\*\* (Lens esculenta extract), Lutien (from Aztec Marigold flower), Lycopene (from Tomato). \*Albion® brand Magnesium Glycinate. Albion laboratories, Inc. of Clearfield, Utah. \*\*Phytolens® is a registered trademark of Biotics Research Corporation. US. Patent No. 5,762,936, Biotics Research Corporation.

[These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.]

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