



RESTORATIVE  
FORMULATIONS

# Berberine GS Px

*Supports a healthy gut microbiome*



**Berberine GS Px** contains goldenseal and berberine, an active alkaloid compound that can be sourced from a wide variety of medicinal plants.

Berberine has been shown to support the microbiome by favoring healthy bacteria naturally present in the gastrointestinal tract and discouraging non-native bacteria colonization. Current research indicates that berberine may interrupt biofilm stability and supports short chain fatty acid (SCFA)- producing bacteria. SCFA are an energy source for large intestine epithelial cells, and have a positive effect on microbiome health, immune function, and a healthy inflammatory response.

In addition to microbiome support, berberine also promotes healthy AMPK function, supporting normal blood sugar metabolism, and healthy cardiovascular function.

## Formulation Features

- This formula contains the first US cultivated, certified organic goldenseal standardized to 5% berberine, combined with naturally sourced 97% berberine extract. This combination offers a synergistic effect for optimal bioavailability of phytochemicals.
- Supports a healthy gut microbiome promoting the healthy and efficient conversion of the active compound berberine into dihydroberberine, a form which is absorbed in the intestinal tract five times more efficiently.

## Formula

Each/Chaque vegi cap contains:

Organic Goldenseal Root and Rhizome, 5% Berberine Hydraste, racine et rhizome ( <i>Hydrastis canadensis</i> )	300 mg
Berberine (Berberine hydrochloride) Berbéline (chlorhydrate de berbérine)	200 mg

### Constituent Biomarker Per Dose

Berberine	200 mg
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Organic Herbs are US Cultivated, Certified Organic

Non-Medicinal ingredients: hypromellose vegi capsule  
Ingrédients non-médicinaux: hypromellose vegi capsule

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Pour remplir avec votre médecin ou visiter [www.restorative.com](http://www.restorative.com)

Product is free of wheat, gluten, nuts, eggs, soy, dairy, binders, preservatives, animal derived ingredients and heavy metal toxicity.

95% of our herbs and herbal extracts are certified organic.

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**Goldenseal Root** 300 mg of goldenseal, standardized to 5% berberine for support of intestinal mucosa, and healthy gut bacteria.

**Berberine** supports short chain fatty acid (SCFA)-producing bacteria, as an energy source for intestinal cells and interrupts biofilm stability.

## Supplementation

- One vegi-cap twice daily, with or without food, or as directed by healthcare practitioner.

## Diet & Lifestyle

- Minimize physical and emotional stress
- Eat organic, whole foods as much as possible
- Exercise moderately and consistently
- Avoid known allergens and toxic chemicals
- Sleep 7-8 hours minimum per night

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