



Heartburn Essentials Improved

NPN 80059772



What Is It?

Heartburn Essentials regulates gastric secretion, enhances digestion and soothes the digestive tract, offering relief from heartburn due to gastritis.

Uses for Heartburn Essentials

Stimulate Digestion: Plant enzymes promote digestive function for optimal nutrient bioavailability and absorption. Lipase promotes lipid breakdown, while amylase stimulates polysaccharide breakdown of starch. Cellulase is also included to support fibre breakdown.

Soothe and Promote G.I. Integrity: Deglycyrrhizinated licorice helps relieve heartburn due to gastritis and is used in Herbal Medicine to help relieve inflammatory conditions of the gastrointestinal tract. It provides traditional support for soothing the gastrointestinal tract and promoting the integrity of the mucosal lining. This ingredient also support the body's natural defence mechanisms by stimulating the mass, quality and production of mucous, a major component of the stomach's protective lining. Gamma-oryzanol is also included, along with artichoke, turmeric, marshmallow and slippery elm, which are all well-recognized for their important roles in Herbal Medicine.

What Is The Source?

Gamma-oryzanol is derived from rice bran. Deglycyrrhizinated licorice extract is derived from *Glycyrrhiza glabra* root. Marshmallow root extract is derived from *Althaea officinalis*. Slippery elm extract is derived from *Ulmus rubra* bark. Artichoke extract is derived from *Cynara scolymus* leaves. Turmeric extract is derived from *Curcuma longa* root and standardized to contain 95% curcuminoids. Amylase, lipase and cellulase are derived from fermentation. Ascorbyl palmitate is derived from corn dextrose fermentation and palm oil. Dextrin is derived from tapioca.

Recommended Dose

Adults: Take 1 capsule 2 times daily with food or as directed by a healthcare practitioner. Take a few hours before or after taking other medications. Consult a healthcare practitioner for use beyond 4 to 6 weeks.

Warning

Do not use if you are pregnant, breastfeeding, allergic to plants of the Asteraceae/Compositae/Daisy family or have a bile duct obstruction. Consult a healthcare practitioner prior to use if you have diabetes, gallstones, stomach ulcers or excess stomach acid. Consult a healthcare practitioner if symptoms persist or worsen. Hypersensitivity has been known to occur; in which case, discontinue use.

Heartburn Essentials

Medicinal Ingredients (per capsule)	
Gamma-Oryzanol (from rice bran oil)	125 mg
Deglycyrrhizinated Licorice (<i>Glycyrrhiza glabra</i>) Root Extract (8:1; 800 mg dried equivalent)	100 mg
Marshmallow (<i>Althaea officinalis</i>) Root Extract (4:1; 400 mg dried equivalent)	100 mg
Slippery Elm (<i>Ulmus rubra</i>) Bark	100 mg
Artichoke (<i>Cynara scolymus</i>) Leaf Extract (19:1; 1425 mg dried equivalent)	75 mg
Turmeric (<i>Curcuma longa</i>) Root Extract (standardized to contain 95% curcuminoids)	50 mg
Alpha-Amylase (<i>Aspergillus flavus</i> var. <i>oryzae</i>)	60 mg (6000 FCC DU)
Triacylglycerol Lipase (<i>Candida rugosa</i>)	0.4 mg (32.5 FCC LU)
Cellulase (<i>Trichoderma longibrachiatum</i>)	0.6 mg (22.5 FCC CU)
Non-Medicinal Ingredients: Vegetarian capsule (hypromellose, water), tapioca dextrin, ascorbyl palmitate.	



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