



## **LV-GB COMPLEX™**

HELPS TO SUPPORT LIVER FUNCTION

90 VEGETARIAN CAPSULES | NPN80074519 | LGC090-CN

**LV-GB Complex™** provides support for liver and gallbladder function by providing lipotropic substances to aid in the elimination of fatty substances from the liver, as well as promoting proper bile flow (L-methionine, taurine, beta-carotene, ox bile and inositol). Critical catalysts of hepatic detoxification enzymes are also included (vitamin B12 and the pyridoxal-5-phosphate form of vitamin B6). These are mixed with a combination of hepatic (aid the liver) and cholagogue (aid bile flow) herbs such as milk thistle, artichoke, and beet root for optimal processing and elimination of toxins.

Milk thistle (*Silybum marianum*) is a well-researched protective herb for hepatocytes. It can also aid in the flow of bile to promote optimal gallbladder function. Beet root (*Beta vulgaris*) is a valuable source of betaine (trimethylglycine), which can act to reduce fatty infiltration and degeneration of the liver, as well as help to thin the bile for improved gallbladder function. LV-GB Complex™ is designed to also support optimal digestion and assimilation of essential fats and fat-soluble vitamins, making this formula appropriate for patients who have had their gallbladder removed surgically and patients suffering from skin disorders.

### **WHO SHOULD TAKE LV-GB COMPLEX™?**

Patients without a gallbladder, patients needing to improve liver or gallbladder function, those with inability to handle fatty foods and those with bloating, gas, GI distress, or skin problems. This synergistic formula will aid fat digestion and improve absorption of fat-soluble vitamins. This product is excellent for detoxification support.

### **WHO SHOULD NOT TAKE LV-GB COMPLEX™?**

Patients experiencing acute upper abdominal pain or who are known to have a bile duct obstruction should not take LV-GB Complex™.

## Medicinal Ingredients (per capsule):

|   |                      |
|---|----------------------|
| L-Methionine .....  | 50 mg                |
| Milk thistle (Silybum marianum-Seed) (80% silymarin)..... | 50 mg                |
| Inositol (Myo-inositol) .....                             | 33.3 mg              |
| Taurine (2-Aminoethanesulfonic acid).....                 | 33.3 mg              |
| Artichoke (Cynara cardunculus-Leaf) (5% Cynarin).....     | 25 mg                |
| Ox Bile (Bos taurus).....                                 | 25 mg                |
| Beet (Beta vulgaris-Tuber) .....                          | 16.7 mg              |
| Vitamin B6 (Pyridoxal 5-phosphate) .....                  | 1.7 mg               |
| Beta-Carotene.....  | 1000 mcg (1666.7 IU) |
| Vitamin B12 (Methylcobalamin) .....                       | 5 mcg                |

**Non-Medicinal Ingredients:** Microcrystalline cellulose, hypromellose, sunflower lecithin, magnesium stearate (vegetable source). **Recommended Dose:** Adults: Take 3 capsules per day with meals, or as directed by your health care practitioner. Take a few hours before or after taking other medications.

## REFERENCES

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