

## MetaKids™ Multi Soft Chew

### Vitamins • Minerals • Phytonutrients

**Form:** Array

**Flavour:**

**Size:** 60 Grape Flavored Soft Chews



#### Medicinal Ingredients

	<b>Amount Per Serving</b>
Each soft chew contains:	
Calcium (calcium citrate)	100 mg
Vitamin C (ascorbic acid)	60 mg
Vitamin E (d-alpha tocopheryl acetate)	10 mg
Pantothenic acid (calcium D-pantothenate)	10 mg
Niacin (niacinamide)	7.5 mg
Zinc (zinc citrate)	6 mg
Vitamin B <sub>6</sub> (pyridoxine hydrochloride)	2 mg
Riboflavin	1.7 mg
Thiamine (thiamine mononitrate)	1.5 mg
Vitamin A (retinyl palmitate)	571 mcg
Folate (6S-5-Methyltetrahydrofolic acid, glucosamine salt) <sup>†</sup>	100 mcg
Iodine (potassium iodide)	75 mcg
Biotin	45 mcg
Vitamin D (cholecalciferol)	7.5 mcg
Vitamin B <sub>12</sub> (methylcobalamin)	1.2 mcg

**Non-Medicinal Ingredients:** Tapioca syrup, erythritol, cane sugar, palm oil, natural flavors, xylitol, sunflower lecithin, fruit and vegetable blend [apple (*Malus domestica*) fruit, beet (*Beta vulgaris* L.) root, cranberry (*Vaccinium macrocarpon*) fruit, kale (*Brassica oleracea sabellica*) leaf, carrot (*Daucus carota sativus*) root, blueberry (*Vaccinium angustifolium*) fruit], citric acid, fruit and vegetable juice (color), sea salt, and rebaudioside A (from stevia rebaudiana leaf extract).

**Recommended Dose:** Children (aged 4 years and above) take one soft chew daily or as recommended by your healthcare practitioner. Take with food a few hours before or after taking other medications or natural health products.

**Recommended Use:** Helps to maintain immune and

cognitive function. Helps in the development and maintenance of bones and teeth (especially in childhood, adolescence, and young adulthood). Helps normal growth and to maintain eyesight, hair, and healthy skin. Source of an antioxidant that helps protect cells against damage caused by free radicals. Helps in energy metabolism and maintains the body's ability to metabolize nutrients. Source of an antioxidant for the maintenance of good health.

Do not use if package is torn or open. Keep in a cool, dry place.

**This product is non-GMO and gluten-free.**

<sup>†</sup>As Quatrefolic®. Quatrefolic® is a Registered Trademark of Gnosis S.p.A.