



MetaKids™ Nutrition Powder

Form: Powder Flavour: Vanilla

Size: 672 g (23.7 oz) Powder

Information Per Serving	Amount Per Serving
One Serving (1 level scoop)	32 g
Servings per Container	21
Calories	120
Fat	2.5 g
Sodium	70 mg
Carbohydrate	17 g
Dietary Fibre	2 g
Medicinal Ingredients	
Rice Protein	8 g
Calcium (dicalcium phosphate)	250 mg
Phosphorus (dicalcium phosphate)	250 mg
Vitamin C (ascorbic acid)	10 mg
Vitamin E (d-alpha tocopheryl succinate)	3.35 mg AT
Niacinamide	2.5 mg
Zinc (zinc gluconate)	2 mg
Pantothenic Acid (calcium D- pantothenate)	0.5 mg
Riboflavin	0.17 mg
Thiamine (thiamine HCI)	0.15 mg
Beta-Carotene	120 mcg
Vitamin B ₆ (pyridoxine HCI)	0.1 mg
Vitamin A (retinyl palmitate)	82.5 mcg
Folate (calcium L-5- methyltetrahydrofolate) [†]	25 mcg
lodine (potassium iodide)	15 mcg
Biotin	6 mcg
Chromium (chromium picolinate)	5 mcg
Vitamin D (cholecalciferol)	0.625 mcg
Vitamin B ₁₂ (methylcobalamin)	0.5 mcg

Non-Medicinal Ingredients: Fructose, rice syrup solids, olive oil, natural flavours, fructooligosaccharides, potassium citrate, xanthan

gum, potassium bicarbonate, guar gum, potassium chloride, silicon dioxide, sodium chloride, inositol, rosemary extract, L-lysine, and L-threonine.

Recommended Dose: Children (3-12 years old) blend, shake, or briskly stir 1 scoop (32 g) of MetaKids Nutrition Powder into 237-296 mL (8-10 fl. oz.) of water daily or as directed by your healthcare practitioner. Take with food a few hours before or after taking other medications.

Recommended Use: Helps in the development and maintenance of bones, cartilage, teeth and gums. Helps to maintain eyesight, skin, membranes and immune function. Protein source for the maintenance of good health.

Caution: Do not use following vigorous exercise or acute dehydration. Consult a healthcare practitioner for use beyond 3 months.

This product is non-GMO and gluten-free.

Contents sold by weight, not volume. Some settling may occur during shipping and handling. Shake container well before each use. Do not use if safety seal is missing.

[†]Metafolin[®] is a registered trademark of Merck KGaA, Darmstadt Germany