

MetaRelax™

Form: Powder

Flavour:

Size: 30 Servings



Ingredient	Amount
Taurine	200 mg
Magnesium (magnesium bisglycinate)	150 mg
Vitamin B ₆ (pyridoxine HCl)	2.8 mg
Folate (folic acid, calcium L-5-methyltetrahydrofolate ¹)	200 mcg
Vitamin B ₁₂ (methylcobalamin)	3 mcg

Non-Medicinal Ingredients: Citric acid, natural flavours, rebaudioside A (*Stevia rebaudiana*), and silicon dioxide.

Recommended Dose: Adults mix 1 packet with 236 mL (8 fl. oz.) of water daily or as directed by your healthcare practitioner.

Recommended Use: Helps to maintain proper muscle function, including the heart muscle. Helps in energy metabolism. Helps to maintain the body's ability to metabolize nutrients and maintain normal electrolyte balance.

Caution: Folate supplementation can mask a vitamin B₁₂ deficiency. If you are unsure whether you are taking enough vitamin B₁₂, consult a healthcare practitioner prior to use.

This product is non-GMO, gluten-free, and vegetarian.

¹Metafolin® is a registered trademark of Merck KGaA, Darmstadt Germany