



MitoVive™

Supports the muscle recovery process

Form: Powder

Flavour: Orange

Size: 60 servings

Ingredient	Amount
Information per Serving	
One Serving (1/2 level scoop)	7.5 g
Servings per Container	60
Calories	10
Carbohydrate	2.5 g
Medicinal Ingredients	
L-Carnitine (L-carnitine fumarate)	750 mg
Taurine	300 mg
Magnesium (magnesium bisglycinate)	150 mg
Potassium	150 mg
Vitamin C (ascorbic acid)	150 mg
Calcium (dicalcium phosphate)	30 mg
Phosphorus (dicalcium phosphate)	25 mg
Niacinamide	25 mg
Vitamin B ₆ (pyridoxine HCl)	25 mg
Thiamin (thiamin mononitrate)	15 mg
Riboflavin	0.95 mg
Vitamin B ₁₂ (methylcobalamin)	75 mcg
Folate (calcium L-5-methyltetrahydrofolate) [†]	75 mcg
Chromium (chromium picolinate)	25 mcg
Selenium (selenomethionine)	12.5 mcg

Non-Medicinal Ingredients: : Sugarcane juice, malic acid, natural orange flavour, silicon dioxide, annatto extract and rebudioside A (Stevia rebaudiana).

Recommended Dose: Adults (18 years +) blend, shake, or briskly stir 1/2 scoop (7.5 grams) of MitoVive with 59-89 mL (2-3 fl. oz.) of chilled water twice daily or as directed by your healthcare practitioner. Take with food a few hours before or after taking other medications. Take 2-4 hours prior to exercise.

Recommended Use: Aids in the muscle recovery process by reducing muscle tissue damage associated

with a resistance training regimen. Helps support muscle tissue repair in individuals involved in resistance training. Helps support fat metabolism.

Caution: Do not use if you are pregnant or breastfeeding or have a gastrointestinal ulceration or obstruction. Do not use this product with other potassium-containing supplements or with potassium-containing salt-substitutes. Consult your healthcare practitioner if you have a seizure disorder or for use beyond 6 months. Not to be used for the maintenance of hydration, rehydration, or treatment of acute dehydration or used following / during vigorous exercise. May cause nausea, vomiting, diarrhea, abdominal cramps; discontinue use and consult a healthcare practitioner if these symptoms are severe.

This product is non-GMO, gluten-free, and vegetarian.

Keep tightly closed in a cool, dry place. Do not use if safety seal is missing.

[†] Metafolin® is a registered trademark of Merck KGaA, Darmstadt Germany