



Multigenics™ Intensive Care

A factor in the maintenance of good health

Form: Tablets

Flavour: no flavor

Size: 180 Tablets

Medicinal Ingredients:

| | Each tablet contains: |
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| Vitamin C (ascorbic acid) | 150 mg |
| Calcium (calcium citrate, MCHC*) | 61.7 mg |
| Niacinamide | 50 mg |
| Magnesium (magnesium citrate, magnesium bisglycinate) | 30.8 mg |
| Vitamin E (d-alpha tocopheryl succinate, mixed tocopherols) | 14.9 mg |
| Mixed tocopherols | 1.84 mg |
| Pantothenic Acid (calcium d-pantothenate) | 25 mg |
| Betaine HCl | 21.8 mg |
| Choline (choline bitartrate) | 15 mg |
| Inositol | 15 mg |
| Phosphorus (MCHC*) | 10 mg |
| Citrus Bioflavonoids (<i>Citrus sinensis</i> L., <i>Citrus reticulata</i>) fruit extract standardized to 45% hesperidin | 12.5 mg |
| Potassium (potassium aspartate) | 16.67 mg |
| <i>para</i> -Aminobenzoic Acid (PABA) | 6.25 mg |
| Vitamin B ₆ (pyridoxine HCl) | 5 mg |
| Riboflavin | 4.3 mg |
| Thiamin (thiamin mononitrate) | 3.8 mg |
| Quercetin | 3.1 mg |
| Zinc (zinc citrate) | 2.5 mg |
| Niacin | 2.5 mg |
| Iron (iron bisglycinate) | 1.25 mg |
| Beta-Carotene | 637.5 mcg |
| Copper (copper citrate) | 0.25 mg |

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| Manganese (manganese citrate) | 0.13 mg |
| Folate (calcium L-5-methyltetrahydrofolate) | 100 mcg |
| Vitamin A (retinyl acetate) | 56.25 mcg |
| Biotin | 25 mcg |
| Vitamin B ₁₂ (methylcobalamin) | 25 mcg |
| Chromium (chromium citrate) | 25 mcg |
| Selenium (HVP [†] chelate) | 25 mcg |
| Iodine (potassium iodide) | 19 mcg |
| Molybdenum (HVP [†] chelate) | 13 mcg |
| Vitamin D (cholecalciferol) | 1.25 mcg |

Non-Medicinal Ingredients: Cellulose, croscarmellose sodium, coating (hypromellose, hydroxypropylcellulose, medium-chain triglycerides, and sodium copper chlorophyllin) and magnesium stearate, silicon dioxide.

Recommended Use: To provide antioxidants for the maintenance of good health.

Recommended Dose: Adults take 6 tablets daily with meals or as directed by your healthcare practitioner. Take a few hours before or after taking other medications.

Caution: Do not use this product with other potassium-containing supplements or with potassium-containing salt-substitutes. Consult a health care practitioner prior to use if you are pregnant or breastfeeding, if you are taking sulfonamides, if you have a history of non-melanoma skin cancer, if you have a peptic ulcer or excess stomach acid, or if you are taking prescription medication as citrus bioflavonoids may alter the effectiveness of these medications. People sensitive to nicotinic acid may experience flushing of the skin that is generally mild and transient. Stop use if hypersensitivity occurs. Keep out of reach of children. There is enough iron in this package to seriously harm a child. Do not use if

perma seal is missing.

This product is non-GMO and gluten-free.

*Microcrystalline hydroxyapatite from New Zealand

[†]Metafolin® is a registered trademark of Merck KGaA, Darmstadt Germany

^{††}HVP= Hydrolyzed Vegetable Protein