

Peak·EPA

High dose and molecularly distilled omega-3 fatty acids for improved patient compliance: 700mg of EPA and 350mg of DHA in each softgel.

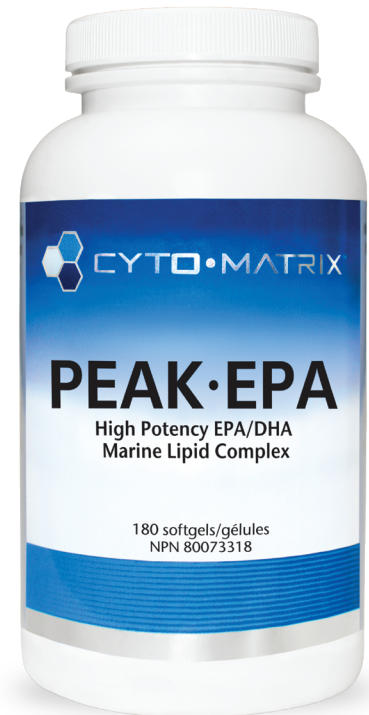
Each softgel contains:

Fish oil (anchovies, sardines, salmon)*	1400 mg
EPA (Eicosapentaenoic acid)	700 mg
DHA (Docosahexaenoic acid)	350 mg

*From wild deep sea fish, molecularly distilled

90 and 180 Softgels

Gluten and dairy free.



The modern diet has seen a drastic reduction in the intake of omega-3 fatty acids, compounded by a significantly greater intake of omega-6 fatty acids. This is problematic as many of our tissues rely on fatty acids for proper synthesis and communication. If the appropriate fatty acids are not available, the implications for overall health are serious. Ultimately, a relative deficiency of omega-3 fatty acids can lead to a pro-inflammatory state and increase the risk of chronic disease.

The active compounds responsible for the widespread benefits of fish oil supplementation have been identified as eicosapentaenoic acid (EPA) and docosahexaenoic acid (DHA). Although both are important for various aspects of human health, EPA is generally

Key points

- Each softgel delivers a minimum of 700mg EPA and 350mg DHA, sourced from wild sardine, salmon and anchovies, with added vitamin E
- Molecularly distilled to ensure the end product is free from heavy metals, organophosphate compounds and unwanted contaminants
- Lightly flavoured with food grade essential oil of lime
- Indicated for systemic inflammatory conditions such as cardiovascular disease, rheumatoid arthritis, autoimmunity, cognitive decline, depression, anxiety, eczema and atopic concerns
- Available in 90 softgel and 180 softgel bottles

regarded as the anti-inflammatory fatty acid while DHA is more responsible for neurodevelopment and nerve protection.

EPA and DHA have been clinically studied in a variety of health conditions. For example, supplementation with these omega-3 fatty acids have been found to be beneficial for cardiovascular health, rheumatoid arthritis, autoimmunity, cognition, mood, skin health and atopic concerns, to name just a few clinical indications. Simply put, EPA and DHA should be considered for any systemic inflammatory condition.

One challenge that arises with omega-3 fatty acid supplementation is poor compliance. Most supplements require many capsules or teaspoons per day to achieve an evidence-based dose

of EPA and DHA. Cyto-Matrix's **Peak-EPA** solves this problem by providing 700mg of EPA and 350mg of DHA in a single softgel. These omega-3 fatty acids, sourced from wild sardines, salmon and anchovies, are found in the well-researched ethyl ester form, allowing for evidence-based, extremely concentrated and cost-effective delivery.

Peak-EPA is molecularly distilled, ensuring purity and removal of harmful compounds such as heavy metals and organophosphates. Vitamin E is added to the formula to protect against and prevent oxidation.

Available in 90 and 180 softgel bottles.

Related products

Brain·Matrix
Inflamatrix
Lipo·Matrix
Omega·Matrix
Omega·D3 Liquid Forte

Non-Medicinal Ingredients: Vitamin E, natural citrus (lime) essential oil, glycerine, purified water. Capsule: gelatin.

Indications: Source of EPA and DHA for the maintenance of good health. Helps support cognitive health. Helps support the development of brain, eyes and nerves in children up to 12 years of age. Helps maintain cardiovascular health and reduce serum triglycerides. In conjunction with conventional therapy, helps to reduce the pain of rheumatoid arthritis in adults. Helps to promote healthy mood balance.

Directions: Adults - 2 softgels, 1-2 times per day. For rheumatoid arthritis - 1 softgel 3 times per day. For promoting healthy mood balance - 1 softgel, 2 times per day. Adolescents (14-18 years) - 1 softgel, 1-2 time(s) per day. Children (9-13 years) - 1 softgel, 1 time per day.

Warnings: Do not use if safety seal is broken.

