



PhytoMulti™ Capsules

Form: Capsules

Flavour: no flavor

Size: 60 Capsules

Medicinal Ingredients	Amount
Citrus Bioflavonoids (<i>Citrus sinensis</i> L., <i>Citrus reticulata</i>) fruit extract standardized to 45% hesperidin	40 mg
Vitamin C (ascorbic acid, ascorbyl palmitate)	40 mg
Green Coffee Bean Extract (<i>Coffea arabica</i>) containing 45% chlorogenic acid	35.3 mg
Pomegranate (<i>Punica granatum</i>) 9:1 whole fruit extract equivalent to 234 mg of pomegranate	26 mg
Pantothenic Acid (calcium d-pantothenate)	25 mg
Vitamin E (d-alpha tocopheryl succinate)	22 mg AT
Magnesium (magnesium citrate)	13.3 mg
Niacinamide	12.5 mg
Choline (choline bitartrate)	8.3 mg
Inositol	8.3 mg
Vitamin B ₆ (pyridoxine HCl)	8.3 mg
Thiamin (thiamin mononitrate)	8.3 mg
Grape (<i>Vitis vinifera</i>) seed extract standardized to 90% polyphenols	8.3 mg
Blueberry (<i>Vaccinium</i> spp.) fruit extract standardized to 20% polyphenols, 15% anthocyanins	6.7 mg
Green Tea (<i>Camellia sinensis</i>) leaf extract standardized to 60% catechins, 40% EGCG	5.5 mg
Riboflavin	5 mg
Zinc (zinc citrate)	5 mg
Niacin	4.2 mg
Resveratrol (<i>Polygonum cuspidatum</i>)	3.3 mg
Lycopene	2 mg
Lutein	2 mg
Artichoke (<i>Cynara scolymus</i> L.) 10:1 leaf extract equivalent to 17 mg of artichoke	1.7 mg

Chinese Cinnamon (<i>Cinnamomum cassia</i>) (bark)	1.7 mg
Rosemary (<i>Rosmarinus officinalis</i> L.) 9:1 leaf extract equivalent to 15.3 mg of rosemary	1.7 mg
Watercress (<i>Nasturtium officinale</i>) 4:1 aerial parts extract equivalent to 6.8 mg of watercress	1.7 mg
Prune (<i>Prunus domestica</i>) 40:1 skin extract equivalent to 68 mg of prune	1.7 mg
Bitter Melon (<i>Momordica charantia</i>) 10:1 fruit extract equivalent to 17 mg of bitter melon	1.7 mg
Indian Gum-Arabic-Tree (<i>Acacia nilotica</i>) 4:1 bark & heartwood extract equivalent to 6.8 mg of <i>Acacia nilotica</i>	1.7 mg
Beta-Carotene	1.36 mg
Zeaxanthin	0.7 mg
Vitamin A (retinyl acetate)	500 mcg
Copper (copper citrate)	0.3 mcg
Folate (calcium L-5-methyltetrahydrofolate) [†]	267 mcg
Manganese (manganese citrate)	0.17 mcg
Biotin	167 mcg
Vitamin B ₁₂ (methylcobalamin)	67 mcg
Chromium (chromium polynicotinate)	67 mcg
Iodine (potassium iodide)	50 mcg
Vitamin K (phytonadione)	40 mcg
Selenium (selenium aspartate)	33 mcg
Molybdenum (HVP ^{††} chelate)	17 mcg
Vitamin D (cholecalciferol)	8.3 mcg

Non-Medicinal Ingredients: Cellulose, stearic acid (veg), magnesium stearate (veg) and capsule (hypromellose, sodium copper chlorophyllin).

Recommended Dose: Adults take 3 capsules daily with food or as directed by your healthcare practitioner. Take a few hours before or after taking other medications or natural health products.

Recommended Use: To provide antioxidants, vitamins and minerals for the maintenance of good health.

Caution: Do not use if you are pregnant. Consult a healthcare practitioner if you are breastfeeding, a tobacco smoker, taking prescription medications, blood thinners, or if you have a liver disorder or iron deficiency. Rare, unpredictable cases of liver injury associated with green tea extract-containing products have been reported (in Canada and internationally). Hypersensitivity/allergy may occur; in which case, discontinue use. Consult a healthcare practitioner for use beyond 12 weeks. Stop use if you develop symptoms of liver trouble such as yellowing of skin/eyes (jaundice), stomach pain, dark urine, sweating, nausea, unusual tiredness and /or loss of appetite. People sensitive to nicotinic acid may experience flushing of the skin that is generally mild and transient. Do not use if perma seal is missing.

This product is non-GMO and gluten-free.

[†]Metafolin® is a registered trademark of Merck KGaA, Darmstadt Germany

^{††}HVP=Hydrolyzed Vegetable Protein