



PhytoMulti™

Form: Tablets

Flavour: no flavor

Size: 60 Tablets

Medical Ingredients

Each tablet contains:

Citrus Bioflavonoids (<i>Citrus sinensis</i> L., <i>Citrus reticulata</i>) fruit extract standardized to 45% hesperidin	61 mg
Vitamin C (ascorbic acid, ascorbyl palmitate)	60 mg
Green Coffee Bean Extract (<i>Coffea arabica</i>) containing 45% chlorogenic acid	53 mg
Pomegranate (<i>Punica granatum</i>) 9:1 whole fruit extract equivalent to 351 mg of pomegranate	39 mg
Pantothenic Acid (calcium d-pantothenate)	37.5 mg
Vitamin E (d-alpha tocopheryl succinate)	33.5 mg AT
Magnesium (magnesium citrate)	20 mg
Niacinamide	18.75 mg
Choline (choline bitartrate)	12.5 mg
Inositol	12.5 mg
Vitamin B ₆ (pyridoxine HCl)	12.5 mg
Thiamin (thiamin mononitrate)	12.5 mg
Grape (<i>Vitis vinifera</i>) seed extract standardized to 90% polyphenols	12.5 mg
Blueberry (<i>Vaccinium</i> spp.) fruit extract standardized to 20% polyphenols, 15% anthocyanins	10 mg
Green Tea (<i>Camellia sinensis</i>) leaf extract standardized to 60% catechins, 40% EGCG	8.3 mg
Riboflavin	7.5 mg
Zinc (zinc citrate)	7.5 mg
Niacin	6.25 mg
Resveratrol (<i>Polygonum cuspidatum</i>)	5 mg
Lycopene	3 mg
Lutein	3 mg

Artichoke (<i>Cynara scolymus</i> L.) 10:1 leaf extract equivalent to 25 mg of artichoke	2.5 mg
Chinese Cinnamon (<i>Cinnamomum cassia</i>) (bark)	2.5 mg
Rosemary (<i>Rosmarinus officinalis</i> L.) 9:1 leaf extract equivalent to 22.5 mg of rosemary	2.5 mg
Watercress (<i>Nasturtium officinale</i>) 4:1 aerial parts extract equivalent to 10 mg of watercress	2.5 mg
Prune (<i>Prunus domestica</i>) 40:1 skin extract equivalent to 100 mg of prune	2.5 mg
Bitter Melon (<i>Momordica charantia</i>) 10:1 fruit extract equivalent to 25 mg of bitter melon	2.5 mg
Indian Gum-Arabic-Tree (<i>Acacia nilotica</i>) 4:1 bark & heartwood extract equivalent to 10 mg of <i>Acacia nilotica</i>	2.5 mg
Beta-Carotene	2046 mcg
Zeaxanthin	1 mg
Vitamin A (retinyl acetate)	750 mcg
Copper (copper citrate)	0.5 mg
Folate (calcium L-5-methyltetrahydrofolate) [†]	400 mcg
Manganese (manganese citrate)	0.25 mg
Biotin	250 mcg
Vitamin B ₁₂ (methylcobalamin)	100 mcg
Chromium (chromium polynicotinate)	100 mcg
Iodine (potassium iodide)	75 mcg
Vitamin K (phytonadione)	60 mcg
Selenium (selenium aspartate)	50 mcg
Molybdenum (HVP ^{††} chelate)	25 mcg
Vitamin D (cholecalciferol)	12.5 mcg

Non-Medicinal Ingredients: Cellulose, croscarmellose sodium, stearic acid (veg), silicon dioxide, and coating (hypromellose, hydroxypropylcellulose, medium-chain triglycerides, and sodium copper chlorophyllin).

Recommended Dose: Adults take 2 tablets daily with food or as directed by your healthcare practitioner. Take a few hours before or after taking other medications or natural health products.

Recommended Use: To provide antioxidants, vitamins and minerals for the maintenance of good health.

Caution: Do not use if you are pregnant. Consult a healthcare practitioner if you are breastfeeding, have an iron deficiency, a liver disorder, or are taking blood thinners or prescription medications. Rare, unpredictable cases of liver injury associated with green tea extract-containing products have been reported (in Canada and Internationally). Consult a healthcare practitioner for use beyond 12 weeks. Stop use if you develop symptoms of liver trouble such as yellowing of the skin/eyes (jaundice), stomach pain, dark urine, sweating, nausea, unusual tiredness and/or loss of appetite. People sensitive to nicotinic acid may experience flushing of the skin that is generally mild and transient. Do not use if perma seal is missing.

This product is non-GMO and gluten-free.

[†]Metafolin® is a registered trademark of Merck KGaA, Darmstadt Germany

^{††}HVP=Hydrolyzed Vegetable Protein