

# REACTED MULTIMIN



## RECOMMENDED USE

- Multi-mineral supplement
- Helps to prevent selenium, manganese, zinc and chromium deficiencies
- Helps maintain the body's ability to metabolize nutrients

## ESSENTIAL MINERALS\*

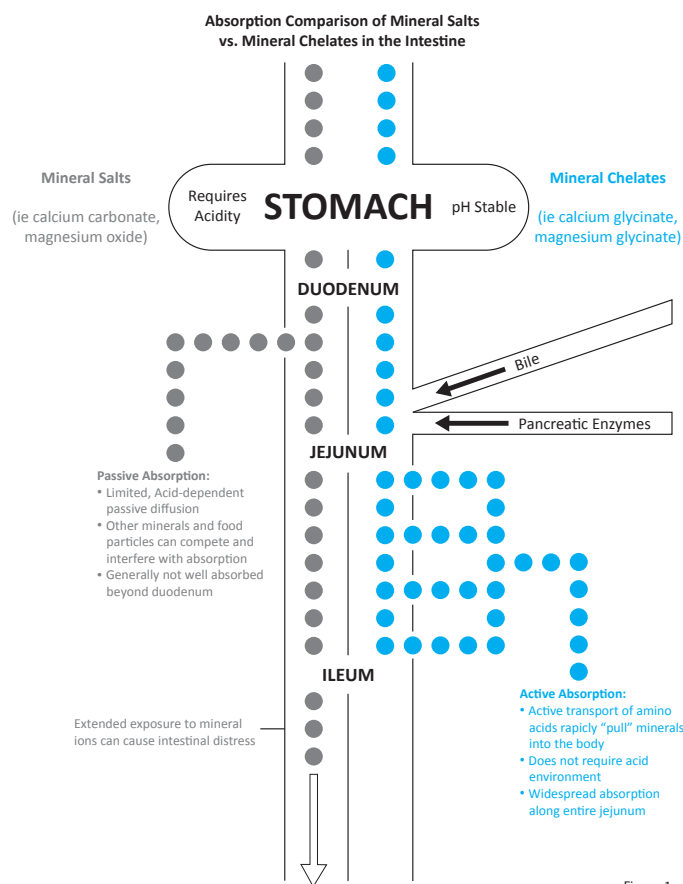
**Reacted MultiMin** provides highly absorbed minerals to prime digestion and improve the absorption of vitamins and minerals. Reacted MultiMin provides mineral amino acid chelates in optimal ratios to help the body maintain mineral balance and avoid competition among minerals for absorption.

### Overview

Numerous studies have reported that adequate mineral levels play an essential role in maintaining optimal health.<sup>1</sup> It may be a challenge for many individuals to consume the ideal variety of minerals through their daily diets and maintain mineral balance. Supplementation of a high-quality daily multimineral may provide benefit for those wishing to meet their recommended daily requirements of important macrominerals and trace minerals.

### Bioavailability – The Mineral Chelate Difference

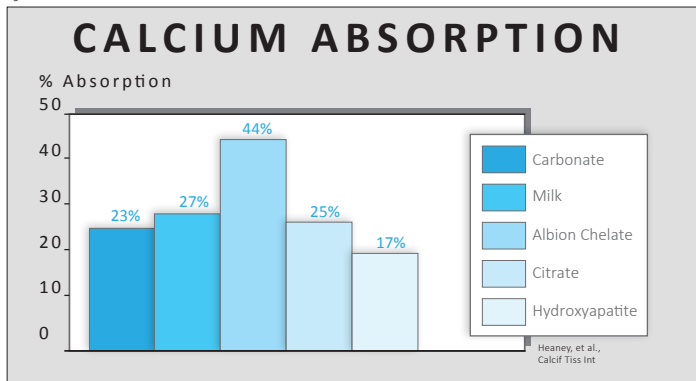
The importance of bioavailability is obvious. Reacted MultiMin provides the benefit of highly absorbed, Albion® mineral chelates. Albion® is the world leader in manufacturing highly bioavailable mineral chelates, a specialized form of minerals bound to amino acids. This patented process creates organic mineral compounds which use active absorption mechanisms in the gastrointestinal tract to greatly enhance mineral absorption. Comparison studies have shown significantly superior absorption of mineral chelates compared to other mineral forms. In a clinical study specifically comparing calcium absorption in humans, Albion®'s patented calcium chelate delivered the greatest absorption of all calcium sources tested (See Figure 2).<sup>2</sup>



- Calcium from calcium carbonate is often absorbed at very low levels (less than 10%)<sup>2</sup>
- In a human clinical study, Albion®'s patented calcium chelate formulation averaged 44% absorption of the dose without the benefit of meal enhancement.<sup>2</sup>

\*Dietary Reference Intakes not established for vanadium and boron

Figure 2



In addition, mineral chelates are gentle, “gut-friendly” minerals that do not cause constipation. Albion®’s mineral chelates have extensive clinical research proving their superior bioavailability, biologic activity, stability, and improved tolerance.

### Recommended Dose

**Adults:** Take 1 capsule 4 times daily with food a few hours before or after taking other medications or natural health products.

To be sure this product is right for you always read and follow the label.

### Cautions

Consult a health care practitioner prior to use If you are pregnant or breastfeeding, or you have a peptic ulcer or excess stomach acid. When used as a workout supplement/athletic support, ensure you drink enough water before, during, and after exercise.

### Medicinal Ingredients (per capsule)

Manganese (TRAACS®	
Manganese (II) Bisglycinate).....	1.25 mg
Boron (Bororganic™ Glycine, Boric Acid) .....	11.25 mcg
Glycine (Bororganic™ Glycine, Aminoacetic Acid) .....	38.13 mcg
Chromium (Chromium (III)	
Polynicotinate) (Chromemate®).....	47.5 mcg
Vanadyl sulfate (Vanadium Oxide Sulphate) .....	0.75 mg
Molybdenum (TRAACS®	
Molybdenum (VI) Bisglycinate).....	11.25 mcg
Selenium (Selenium Glycinate).....	47.5 mcg
Magnesium (TRAACS® Magnesium Lysinate	
Glycinate (Magnesium Bisglycinate,	
Magnesium Lysyl Glycinate)	
Dimagnesium Malate).....	37.5 mg
Betaine Hydrochloride (USP).....	11.25 mg
Zinc (TRAACS® Zinc Bisglycinate) .....	6.25 mg
Calcium (TRAACS® Calcium Bisglycinate) .....	75 mg
Potassium (Potassium Glycinate) .....	22.5 mg

### Non-Medicinal Ingredients

Hypromellose, Microcrystalline Cellulose, Magnesium Stearate, Stearic Acid, Silicon Dioxide, Maltodextrin, Citric Acid.

### References

1. Institute of Medicine, Food and Nutrition Board. Dietary Reference Intakes for Vitamin A, Vitamin K, Arsenic, Boron, Chromium, Copper, Iodine, Iron, Manganese, Molybdenum, Nickel, Silicon, Vanadium, and Zinc. Washington, DC: National Academy Press, 2001.
2. Heaney, RP. Carbonate Milk Albion Chelate Citrate Hydroxyapatite. Calcif Tiss Int 1990;46:300-4.