



SPM Active New & Improved

Form: Array

Flavour: no flavor

Size: 60 Softgels

Medicinal Ingredients	Each softgel contains:
Serving Size	2 Softgels
Servings Per Bottle	30
Fish Oil Providing 50 mg EPA, 100 mg DHA (Derived from a blend of: sardine, anchovy, and mackerel)	500 mg

Recommended Use: Source of Omega-3 fatty acids, eicosapentaenoic acid (EPA) and docosahexaenoic acid (DHA) for the maintenance of good health. Helps support cardiovascular health and cognitive health and brain function

Recommended Dose: Adults and Adolescents (12-17) take 2 softgels once daily or as recommended by your healthcare practitioner.

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Non-Medicinal Ingredients: Mixed tocopherols concentrate, softgel (gelatin, glycerin, water), and silica

Caution: Keep tightly closed in a cool, dry place. Do not use if perma seal is missing.

This product is non-GMO and gluten-free.