



RESTORATIVE
FORMULATIONS



TUDCA Px

Supporting healthy neurological and cellular aging processes

TUDCA Px is a unique blend of specific compounds focused on neurological health supporting cell preservation, cellular energy production, bile acid-mediated signaling, general metabolic health and helping to reduce neurological oxidative damage and cellular stress.

This product helps with supporting healthy endoplasmic reticulum stress inhibition and neurological autophagy processes.

Formulation Features

- Supports cellular energy
- Maintains healthy NAD+ levels safely
- Encourages healthy neurological and cellular aging
- Features TUDCA-tauroursodeoxycholic a chemical chaperone to support healthy endoplasmic reticulum function
- Highlights the phytochemical Pterostilbene
- Organic Ashwagandha provides adaptogenic and stress protective support

Formula

Each/Chaque vegi capsule contains:

| | |
|---|--------|
| Tauroursodeoxycholic acid TUDCA | 250 mg |
| Organic Ashwagandha Root (<i>Withania somnifera</i>) | 175 mg |
| Nicotinamide Riboside Chloride | 125 mg |
| Pterostilbene (<i>Pterocarpus marsupium</i> -stem heartwood) | 50 mg |

Organic Herbs are Certified Organic

Other Ingredients: Vegetable Capsule (cellulose)

To refill, contact your practitioner or visit www.restorative.com



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Tauroursodeoxycholic acid (TUDCA) is able to cross the blood brain barrier reaching neuronal tissues, acting as a chemical chaperone to support healthy endoplasmic reticulum function.

Nicotinamide riboside, a precursor to NAD + **(nicotinamide adenine dinucleotide)** supports a natural pathway to NAD+. NAD+ is a coenzyme involved in many biological functions and is essential to the production of energy in the body.

Pterostilbene is a phenolic compound found in small berries and nuts including blueberries and grapes. Pterostilbene and resveratrol are structurally very similar but pterostilbene has better bioavailability and is included in the blend to help reduce cellular stress and oxidative stress.

Ashwagandha is an adaptogen and supports mental well-being. It has been shown to help support cognitive function and concentration. Preliminary research suggests that ashwagandha may be neuroprotective through mitigating the effects of stress and protecting the nervous system.

Diet & Lifestyle

- Minimize physical and emotional stress
- Eat organic, whole foods as much as possible
- Exercise moderately and consistently
- Avoid known allergens and toxic chemicals
- Sleep 7-8 hours minimum per night

Supplementation

Take three capsules daily. Can be take up to eight capsules a day in divided doses for therapeutic reasons under the supervision of a health care provider. Can be taken with meals to decrease the chance of stomach irritation.

Caution

Warning: Consult with your physician before use. Do not use products if you are pregnant, nursing or breastfeeding. Discontinue use and contact your doctor if any adverse reactions occur. Do not exceed dosage of four capsules a day.