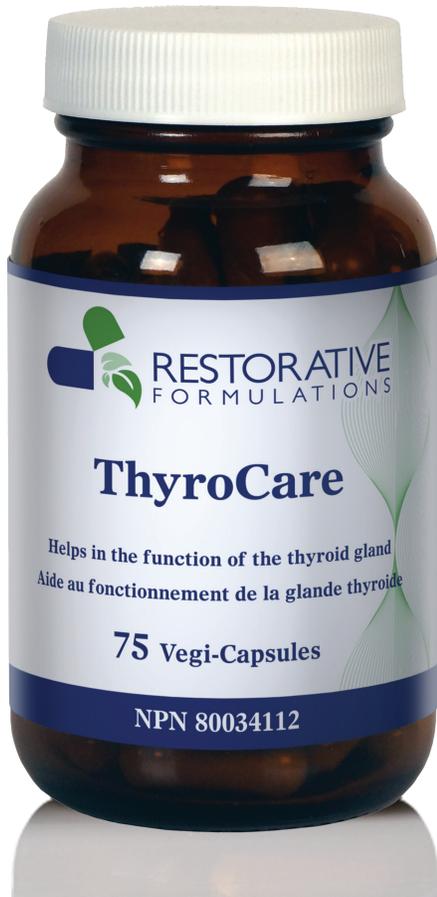




ThyroCare

Thyroid support for patients who are sensitive to high doses of iodine



ThyroCare helps support healthy thyroid function and metabolism with lower doses of iodine than Thyroid Px, making it the perfect choice for iodine sensitive patients.

ThyroCare is a complete botanical and nutrient formula to support general metabolic activities. This gentle formula has also been shown to help optimize metabolism, reinforce healthy body temperature, and stabilize thyroid antibodies.

ThyroCare provides essential co-factors for thyroid hormone production, including vitamins D3, B12 methylcobalamin, selenium, and iodide. It also contains a unique blend of thyroid-supporting herbs including guggul myrrh and organic herbs blue flag, triphala, ashwagandha root, nettle, kelp, and ginger.

Formula

Each/Chaque vegi capsule contains

Iodine/Iode (Potassium iodide)	100 mcg
Selenium/Selenium (selenomethionine)	100 mcg
Kelp (Laminaria digitata), O	250 mg
Blue Flag root/Clajeus racine (Iris versicolor), W	165 mg
Guggul Myrrh/Myrrhe (Commiphora myrrha)	60 mg
Nettle herb/Ortie Dioique (Urtica dioica), O	50 mg
Ashwagandha root/racine (Withania somnifera), O	50 mg
Amla fruit (Phyllanthus emblica), O	13.3mg
Bibhitaki fruit (Terminalia bellirica), O	13.3mg
Haritaki fruit (Terminalia chebula), O	13.3mg
Ginger root/Gingembre racine (Zingiber officinale), O	10 mg
Diiodotyrosine (3,5 diiodotyrosine)	200 mcg

O=Certified Organic W=Wildcrafted

Non-Medicinal ingredients: hypromellose vegi-capsule
 Ingrédients non médicinaux: hypromellose vegi-capsule

Formulation Features

- **Wildcrafted Blue Flag root** supports thyroid function and natural detoxification pathways
- **Guggul Myrrh** supports optimal iodine uptake and thyroid enzyme activity
- **Certified organic Kelp** provides a natural source of iodine
- **Certified organic Nettle** supports a healthy inflammatory response



95% of our herbs and herbal extracts are certified organic.

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Supplementation

- One to two capsules twice daily, with or without food, or as directed by your health care practitioner.

Diet & Lifestyle

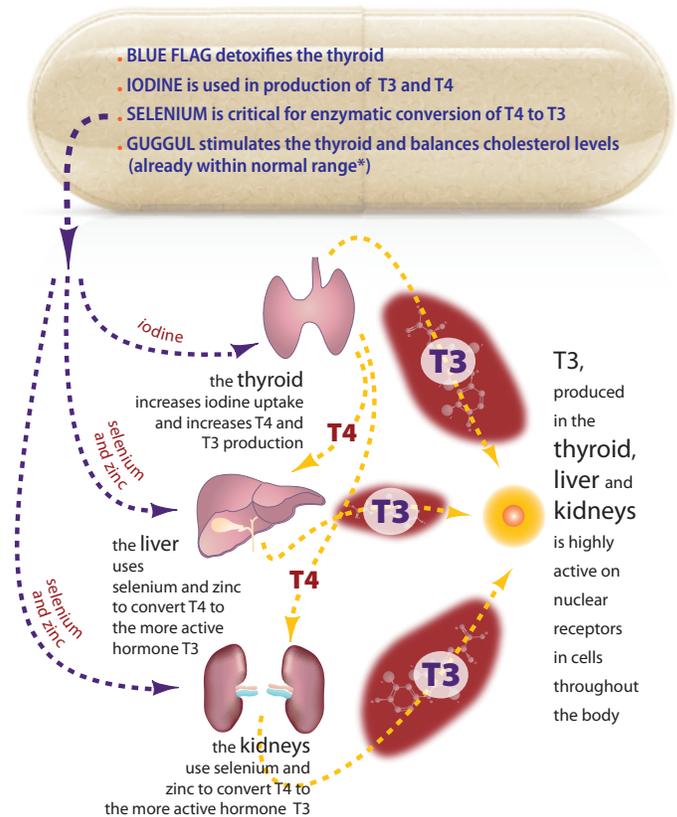
- Minimize physical and emotional stress
- Eat organic, whole foods as much as possible
- Exercise moderately and consistently
- Avoid known allergens and toxic chemicals
- Sleep 7-8 hours minimum per night

Cautions

- If pregnant, nursing, or considering pregnancy do not use without first consulting with your health care provider. Keep out of reach of children. Due to potential drug-herbal interaction tell your physician about any medications you are taking. Discontinue use if rapid heart rate, palpitations, or skin reactions occur.

Thyroid Specific Support

- Avoid all toxins that interfere with thyroid function including endotoxins
- Decrease heavy metals that affect thyroid function (e.g., mercury, lead, and cadmium)
- Decrease halogens that interfere with sodium iodide synthesis (e.g., fluoride, chlorine, and bromine)
- In select cases, a gluten-free diet may be helpful.



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