



## UltraMeal® Cardio 360°

Form: Powder Flavour: Chocolate Size: 14 Servings

Ingredient	Amount
Information per Serving:	
One Serving (2 level scoops)	38.5 g
Servings per Container	14
Calories	110
Fat	5 g
Sodium	130 mg
Carbohydrate	11 g
Dietary Fibre	7 g
Medicinal Ingredients:	
Pea Protein	11 g
Rice Protein	2 g
Flaxseed (Linum usitatissimum) (400 mg alpha-Linolenic acid)	2 g
L-Leucine	1,800 mg
L-Lysine	1,800 mg
L-Valine	1,140 mg
Free Plant Sterols (containing 90% beta-sitosterol)	873 mg
L-Isoleucine	800 mg
Phosphorus (dicalcium phosphate)	300 mg
Hops Polyphenols-Rice Protein Complex	248 mg
Calcium (dicalcium phosphate)	150 mg
Magnesium (magnesium citrate)	90 mg
Vitamin C (ascorbic acid)	30 mg
Free Plant Stanols (containing 87.5% beta-sitostanol)	27 mg
Zinc (zinc gluconate)	13 mg
Niacinamide	5 mg
Vitamin E (d-alpha tocopheryl acetate)	5 mg AT
Pantothenic Acid (calcium d- pantothenate)	2.5 mg
Manganese (manganese gluconate)	2 mg
Copper (copper gluconate)	2 mg
Vitamin B <sub>6</sub> (pyridoxine HCI)	0.5 mg

Riboflavin	0.425 mg
Thiamin (thiamin HCI)	0.375 mg
Vitamin A (retinyl palmitate)	375 mcg
Folate (calcium L-5- methyltetrahydrofolate) <sup>†</sup>	200 mcg
Chromium (chromium picolinate)	120 mcg
Biotin	75 mcg
Selenium (selenomethionine)	52.5 mcg
lodine (potassium iodide)	37.5 mcg
Vitamin D (cholecalciferol)	10 mcg
Vitamin B <sub>12</sub> (methylcobalamin)	3 mcg

**Non-Medicinal Ingredients:** Oat hull fiber, natural flavors, cocoa powder, olive oil, silicon dioxide, guar gum, xanthan gum, monk fruit extract, and rosemary extract.

Recommended Dose: Adults blend (for no longer than 15 seconds), shake, or briskly stir 2 level scoops (38.5 grams) of UltraMeal Cardio 360° in 237 mL (8 fl. oz.) of chilled water daily or as directed by your healthcare practitioner. Consume within 10 minutes of reconstitution. Take a few hours before or after taking other medications or natural health products.

**Recommended Use:** Helps to maintain proper muscle function, including the heart muscle. Source of antioxidants that help to reduce free radicals and lipid oxidation in body tissues. Helps in the normal function of the immune system

**Caution:** Do not use this product if you are pregnant or breastfeeding. Consult a healthcare practitioner before using this product if you have liver or kidney disease. Folate supplementation can mask a vitamin  $B_{12}$  deficiency. If you are unsure whether you are taking enough vitamin  $B_{12}$ , consult a healthcare practitioner prior to use. Hypersensitivity, such as an allergy, has been known to occur in rare cases; in which case, discontinue use. Ensure to drink enough fluid before, during, and after exercise. Consult a healthcare practitioner for use beyond 8 week.

## This product is non-GMO and gluten-free.

Do not use if safety seal is missing.

<sup>†</sup>Metafolin® is a registered trademark of Merck KGaA, Darmstadt Germany