



## UltraMeal® Advanced Protein Medical Food

### Helps to maintain proper muscle function

**Form:** Powder

**Flavour:** Chocolate

**Size:** 14 Servings

Recommended Use: Helps in energy metabolism, tissue formation and bone development. Provides support for healthy glucose metabolism and helps the body to metabolize carbohydrates, fats, and proteins. Helps to maintain immune function and produce and repair connective tissue. Provides antioxidants for the maintenance of good health and helps protect against the damage caused by free radicals.

Ingredient	Amount Per Serving
<b>Information per Serving:</b>	
Serving Size	2 Level Scoops (42 g)
Servings per Container	14
Calories	140
Fat	5g
Sodium	180 mg
Carbohydrate	10 g
Dietary Fiber	5 g
<b>Medicinal Ingredients</b>	
<b>Information per Serving:</b>	
Pea Protein	14 g
Rice Protein	3 g
Flaxseed (Linum usitatissimum) (500 mg alpha-Linolenic acid)	2.5 g
Magnesium (magnesium citrate)	150 mg
Vitamin C (ascorbic acid)	30 mg
Zinc (zinc gluconate)	11.2 mg
Niacinamide	7.7 mg
Vitamin E (d-alpha tocopheryl acetate)	5 mg AT
Manganese (manganese gluconate)	1.5 mg
Pantothenic Acid (calcium d-pantothenate)	2.5 mg
Copper (copper gluconate)	1.5 mg
Vitamin B <sub>6</sub> (pyridoxine HCl)	0.5 mg
Riboflavin	0.42 mg
Thiamin (thiamin HCl)	0.37 mg
Vitamin A (retinyl palmitate)	370 mcg
Folate (calcium L-5-methyltetrahydrofolate <sup>†</sup> )	185 mcg

Chromium (chromium picolinate)	120 mcg
Biotin	75 mcg
Selenium (selenomethionine)	52 mcg
Iodine (potassium iodide)	37 mcg
Vitamin D (cholecalciferol)	10 mcg
Vitamin B <sub>12</sub> (methylcobalamin)	1.5 mcg

**Non-Medicinal Ingredients:** Oat fibre, natural flavours, cocoa powder, olive oil, L-leucine, L-threonine, L-isoleucine, L-valine, silicon dioxide, L-lysine HCl, guar gum, xanthan gum, monk fruit extract, and rosemary extract.

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**Recommended Dose:** Adults blend, shake, or briskly stir 2 scoops (46 grams) of Ultra Advanced Protein with 237-296 mL (8-10 fl. oz.) of chilled water 1-2 times daily or as recommended by your healthcare practitioner. Take a few hours before or after taking other medications or natural health products.

**This product is non-GMO and gluten-free.**

**Caution:** Do not use this product if you are pregnant or breastfeeding. People sensitive to nicotinic acid may experience flushing of the skin that is generally mild and transient. Consult a healthcare practitioner prior to use if you have diabetes, a kidney disorder, a history of non-melanoma skin cancer, or for use beyond 6 months. Keep out of reach of children.

Do not use if safety seal is missing or broken. Keep

tightly closed in a cool, dry place.

† Metafolin® is a registered trademark of Merck KGaA, Darmstadt Germany