



Code: 9253 **NPN:** 80054434
Size: 120 Vegetarian Capsules
Actual Size: 24.18 mm x 8.35 mm



Dolor Ease™

Supports Joint Health & Comfort with Theracurmin® and InflammRelief™ Complex

- Comprehensive formula features white willow extract (*Salix alba*) (bark), devil's claw, Theracurmin curcumin extract, and boswellia extract (*Boswellia serrata*)
- Used in herbal medicine for short-term relief of low back pain
- Traditionally used for the relief of minor joint pain caused by osteoarthritis
- Contains 30 mg of Theracurmin, the most bioavailable form of curcumin, providing natural antioxidant and anti-inflammatory support
- Features InflammRelief, a natural source of antioxidants to protect joint tissues

PRODUCT SUMMARY

Dolor Ease is a comprehensive formula providing some of the best-known natural extracts used in herbal medicine to support joint health and provide temporary relief from joint pain related to osteoarthritis.

White willow bark contains compounds such as salicin (chemically similar to aspirin) that have anti-inflammatory and analgesic effects. Research shows that white willow bark can be effective for the short-term relief of low back pain and joint pain associated with osteoarthritis.

Devil's claw also contains compounds that have been seen in preliminary research to inhibit the inflammatory cascade. This extract has long been used in herbal medicine to help relieve joint pain associated with osteoarthritis.

Theracurmin is a highly bioavailable form of curcumin[‡], a natural compound with anti-inflammatory and antioxidant properties. Standard curcumin is poorly absorbed, but Theracurmin is produced using innovative proprietary technology to create small curcumin particles that dramatically increase bioavailability.

Dolor Ease also features InflammRelief, a source of antioxidants to help protect cells and joint tissues against oxidative damage, as well as boswellia, a plant extract used in herbal medicine to support joint health.

[‡]Scientific scrutiny revealed that Theracurmin was more bioavailable on a milligram-to-milligram basis than other leading⁹ enhanced and regular forms of curcumin.

⁹As measured by SPINS 2014 data.



DOLOR EASE™

SUPPORTS JOINT HEALTH & COMFORT WITH THERACURMIN® AND INFLAMRELIEF™ COMPLEX

Serving Size: 1–2 Vegetarian Capsules

Servings Per Container: 60–120

Each Vegetarian Capsule Contains:

White Willow Extract (*Salix alba*) (bark) (15% salicin)..... 200 mg
Devil's Claw 1.8:1 Extract (*Harpagophytum procumbens*) (secondary root tuber) 200 mg
Theracurmin® Curcumin* Extract from Turmeric (*Curcuma longa*) (rhizome)..... 30 mg

*A highly bioavailable form of curcumin – the most active curcuminoid in turmeric

Boswellia Extract (*Boswellia serrata*) (gum oleoresin) (60% boswellic acids) 75 mg
InflamRelief™ Complex:

Grape (*Vitis vinifera*), Pomegranate (*Punica granatum*), Strawberry (*Fragaria vesca*), Cranberry (*Vaccinium macrocarpon*),
Blueberry (*Vaccinium corymbosum*), Raspberry (*Rubus idaeus*), Bilberry (*Vaccinium myrtillus*)

(standardized to 76% polyphenols) 50 mg

Non-medicinal Ingredients: Vegetarian capsule (carbohydrate gum [cellulose], purified water), microcrystalline cellulose, croscarmellose sodium, vegetable grade magnesium stearate (lubricant), silica.

Recommended Adult Dose: 1–2 capsules 2 times per day or as directed by a health care practitioner. Use for a minimum of 2–3 months to see beneficial effects. For prolonged use, consult a health care practitioner.

Recommended Use: Used in herbal medicine to help relieve joint pain associated with osteoarthritis and for short-term relief of low back pain.

Caution: Consult a health care practitioner if symptoms persist or worsen. Discontinue use and consult a health care practitioner if you experience gastrointestinal symptoms such as nausea, vomiting, abdominal pain, dyspepsia, heartburn, or diarrhea. Consult a health care practitioner prior to use if you have asthma, peptic ulcer disease, stomach ulcers, excess stomach acid, gallstones or a bile duct obstruction, or if you are taking antiplatelet medication, blood thinners, anticoagulants, products containing acetylsalicylic acid (ASA) or other salicylates. Keep out of reach of children.

Contraindications: This product should not be used by anyone who is allergic to acetylsalicylic acid (ASA) or other salicylates, nor by anyone who is pregnant or nursing an infant. Hypersensitivity (e.g., allergy) has been known to occur; if this occurs, discontinue use of this product.

Drug Interactions: This product may interact with antiplatelet medication, blood thinners, anticoagulants, or products containing acetylsalicylic acid (ASA) or other salicylates.

Contains no artificial colours, preservatives, or sweeteners; no dairy, starch, sugar, wheat, gluten, yeast, soy, egg, fish, shellfish, animal products, salt, tree nuts, or GMOs. Suitable for vegetarians/vegans. Sealed for your protection. Do not use if seal is broken. For freshness, store in a cool, dry place.

References available at bioclinicnaturals.com



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Dolor Ease™

About Dolor Ease

- Dolor Ease is a comprehensive herbal formula designed to reduce inflammation and provide antioxidant support to protect joints and temporarily relieve minor aches and pains.

Each capsule includes:

- 200 mg of white willow bark (*Salix alba*, standardized to 15% of salicin), which has been shown to provide pain relief for a broad range of conditions. Multiple randomized trials indicate its benefit for osteoarthritis and low back pain, without adverse effects.^{1,2,3}
- 200 mg of devil's claw (*Harpagophytum procumbens*), a plant with a long history of traditional use for pain relief. It contains compounds that have anti-inflammatory effects and binds to receptors with analgesic properties.⁴
- 30 mg of Theracurmin® per capsule, the most bioavailable form of curcumin, providing natural antioxidant and anti-inflammatory support.⁵ In a clinical trial, Theracurmin has been found to improve osteoarthritic knee pain, while reducing the need for pain medication.⁶
- 75 mg of a standardized extract of Boswellia (*Boswellia serrata*), which has been shown to have analgesic properties and improve stiffness and joint function in people with osteoarthritis.^{7,8}
- 50 mg of InflammRelief™, a proprietary complex of antioxidant botanicals including grape, pomegranate, and blueberry extracts. It provides polyphenols and antioxidants that help support joint health and prevent damage to cartilage and soft tissues.^{9,10}

How to Use Dolor Ease

- Take 2 capsules 1–2 times per day or as directed by a health care practitioner. Use for a minimum of 2–3 months to see beneficial effects.

Cautions and Contraindications

- Consult a health care practitioner if symptoms persist or worsen. Discontinue use and consult a health care practitioner if you experience gastrointestinal symptoms such as nausea, vomiting, abdominal pain, dyspepsia, heartburn, or diarrhea. Consult a health care practitioner prior to use if you have asthma, peptic ulcer disease, stomach ulcers, excess stomach acid, gallstones, or a bile duct obstruction; or if you are taking antiplatelet

medication, blood thinners, anticoagulants, products containing acetylsalicylic acid (ASA), or other salicylates. Do not use this product if you are allergic to acetylsalicylic acid (ASA) or other salicylates, or if you are pregnant or breastfeeding. Hypersensitivity (e.g., allergy) has been known to occur, in which case discontinue use. Keep out of reach of children.

Drug Interactions

- This product may interact with antiplatelet medication, blood thinners, anticoagulants, or products containing acetylsalicylic acid (ASA) or other salicylates.

Quick Tips for Optimal Health

- Eat richly coloured fruits and vegetables (8–10 servings per day). Diets rich in plant pigments, especially flavonoids found in soy, apples, berries, and other fruits and vegetables, are associated with lower levels of inflammation.¹¹
- Consume a Mediterranean diet, which is well known to reduce inflammation, and has been shown to improve markers of cartilage breakdown among people with osteoarthritis.¹²
- Reduce your omega-6 fatty acids. When fighting inflammation, it is a good idea to reduce meat and dairy intake, as well as eliminate common sources of omega-6 fats, including soy, safflower, sunflower, and corn oil.¹³
- Take a high-quality fish oil supplement providing at least 1000 mg of EPA and DHA. Fish oil, particularly when combined with a high antioxidant intake, has been associated with better physical performance (walking speed) among postmenopausal women.^{14,15}
- Do aerobic exercise, which has been clinically shown to produce anti-inflammatory compounds in the joints of people with osteoarthritis.¹⁶ It is not clear that high-intensity exercise has any additional benefits compared to low-intensity activity for people with osteoarthritis.¹⁷

PATIENT NAME: _____

PRACTITIONER NOTES:

PRACTITIONER CONTACT INFORMATION:

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