



PCOS Care™

Regulates menstrual cycle, reduces testosterone, supports fertility and blood sugar

- Provides recommended 40:1 ratio of myo-inositol to D-chiro-inositol
- Contains naturally occurring forms of inositol, clinically shown to have complementary effects on both metabolic and ovarian function among women with PCOS
- Includes methylcobalamin and activated folate (L-5-MTHF) for optimal fertility and pregnancy outcomes
- Unflavoured powder allows for easy twice-per-day dosing

Code: 9676 NPN: 80087737

Size: 129 g Powder



PRODUCT SUMMARY

PCOS Care provides the two most-common, naturally occurring, and complementary forms of inositol, clinically shown to improve both ovarian and metabolic function in women with polycystic ovarian syndrome (PCOS). Many clinical trials with myo-inositol have shown a positive effect on spontaneous ovulation and on human oocyte meiotic maturation and quality, as well as improvements in metabolic risk factors and reductions in androgen levels among women with PCOS.¹⁻⁴ In a recent meta-analysis of seven trials, myo-inositol was shown to increase pregnancy rates among subfertile women undergoing ovulation induction for ICSI or IVF-ET, as well as to reduce the number of unsuitable oocytes and ovulation medications needed.⁵ Similarly, D-chiro-inositol has been shown to improve ovarian function and metabolism, including improvements in cycle regularity, blood pressure, HOMA index, and hormones such as insulin and LH.⁶⁻⁸

In PCOS Care, these complementary nutrients are combined in the 40:1 ratio that has been shown to improve metabolic symptoms and IVF outcomes among women with PCOS more effectively than myo-inositol alone, and at the dosing ratio recommended by the International Consensus Conference on myo-inositol and D-chiro-inositol.⁹⁻¹²



PCOS CARE™

REGULATES MENSTRUAL CYCLE, REDUCES TESTOSTERONE, SUPPORTS FERTILITY AND BLOOD SUGAR

Serving Size: 1 serving (2.15 g)

Servings per Container: 60 servings, 30-day supply

Each Serving (2.15 g) Contains:

Myo-inositol.....	2 g
D-chiro-inositol.....	50 mg
Folate (L-5-Methyltetrahydrofolate, calcium salt)	200 mcg
Vitamin B12 (Methylcobalamin).....	1.5 mcg

Non-Medicinal Ingredients: Organic *Oryza sativa* (rice) hull powder.

Recommended Adult Dose: 1 serving (2.15 g) twice daily dissolved in 250 mL of water or as directed by a health care practitioner.

Recommended Use: May help to support in vitro fertilization outcomes and normal menstrual cycle in women with polycystic ovarian disease. May support oocyte (egg) quality in women with polycystic ovarian disease. Aids in the management of PCOS's hormonal and metabolic conditions by promoting healthy glucose metabolism and reducing insulin resistance. Helps to reduce serum testosterone in women with PCOS. Helps to form red blood cells. Helps to support normal early fetal development. Helps to support normal early development of the fetal brain and spinal cord. Helps to maintain the body's ability to metabolize nutrients. Helps to reduce the risk of neural tube defects when taken daily at least three months prior to becoming pregnant and during early pregnancy. Helps in the normal function of the immune system. Helps in energy metabolism in the body.

Caution: Consult a health care practitioner prior to use if you are pregnant or breastfeeding, or to ensure a timely treatment of a serious cause of infertility. Consult a health care practitioner if symptoms persist or worsen. Keep out of reach of children.

Drug Interactions: Myo-inositol has been shown to enhance the efficacy of clomiphene. When given with folic acid, it improved ovulation rates (65.5%) compared to clomiphene alone (42%), as well as pregnancy rates (53.8% combined use vs. 42.2% clomiphene alone).¹³ Medication dosage to control hyperglycemia may need monitoring, as myo-inositol has benefits on insulin sensitivity similar to metformin.¹⁴

Contains no artificial colours, preservatives, or sweeteners; no dairy, starch, sugar, wheat, gluten, yeast, soy, egg, fish, shellfish, animal products, salt, tree nuts, or GMOs. Suitable for vegetarians/vegans. Sealed for your protection. Do not use if seal is broken. For freshness, store in a cool, dry place.

References available at bioclinicnaturals.com



· GUARANTEED ·

Bioclinic Naturals® products are guaranteed to meet or exceed Good Manufacturing Practices (GMP) of the U.S. Food and Drug Administration (FDA), Health Canada, and the Therapeutic Goods Administration (TGA) of Australia.



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