



# Resveratrol

## Antioxidant

- Provides 250 mg of all-natural trans-resveratrol per serving
- Trans-resveratrol promotes cellular health and longevity, with potent antioxidant effects
- Activates Nrf2 and SIRT1, associated with cellular protection and healthy aging effects
- Resveratrol is extracted from red grapes grown in the Okanagan Valley of British Columbia and from Japanese knotweed
- Suitable for vegans and vegetarians

**Code:** 9527 **NPN:** 80125083  
**Size:** 60 Vegetarian Capsules

### PRODUCT SUMMARY

Resveratrol is a natural polyphenol found in many plants, especially grapes and peanuts. It is widely recognized as a potent antioxidant with multiple actions that promote cellular longevity and health. Resveratrol provides protection against oxidative stress both via direct antioxidant effects and by activating cellular pathways associated with antioxidant defence. This includes stimulation of the potent transcription factor, nuclear erythroid 2-related factor 2 (Nrf2), which increases the expression of multiple antioxidant enzymes associated with cardioprotective, neuroprotective, and healthy aging effects.

Resveratrol also activates the sirtuin SIRT1, a protein responsible for regulating many essential cellular functions, including DNA repair, mitochondrial biogenesis, autophagy, inflammation, metabolism, and more. SIRT1 has been associated with healthspan, longevity, cardiovascular function, and reduced risk for many age-related conditions. Indeed, SIRT1 is considered a “longevity gene,” as many of the longevity benefits of calorie restriction observed in experimental studies are thought to be mediated through SIRT1 activation. Clinical trials with resveratrol have demonstrated several aging-related benefits, including increased SIRT1 levels, enhanced cognitive function, and improved cardiovascular risk factors.

Extracted from the skin of red grapes grown in the Okanagan Valley of British Columbia and from Japanese knotweed, this formula provides 100% trans-resveratrol, which is more bioavailable and stable than cis-resveratrol.



# RESVERATROL ANTIOXIDANT

**Serving Size:** 1 Vegetarian Capsule

**Servings Per Container:** 60

**Each Vegetarian Capsule Contains:**

Trans-Resveratrol [*Vitis vinifera* (fruit) and *Reynoutria japonica* (root)] ..... 250 mg

**Non-medicinal Ingredients:** Vegetarian capsule (carbohydrate gum [cellulose], purified water), rice flour, vegetable grade magnesium stearate (lubricant), silica.

**Recommended Adult Dose:** 1 capsule per day or as directed by a health care practitioner.

**Recommended Use:** Provides an antioxidant.

**Caution:** Consult a health care practitioner prior to use if you are pregnant or breastfeeding or if you are taking prescription medications as resveratrol may alter the effectiveness of these medications. Keep out of reach of children.

**Contraindications:** No known contraindications.

**Drug Interactions:** Resveratrol is considered a weak inhibitor of CYP3A4/5 and CYP2E1, and may increase the plasma concentration of drugs metabolized by these enzymes, such as triazolam and carbamazepine.

**Contains no artificial colours, preservatives, or sweeteners; no dairy, sugar, wheat, gluten, yeast, soy, corn, egg, fish, shellfish, animal products, salt, tree nuts, or GMOs. Suitable for vegetarians/vegans.** Sealed for your protection. Do not use if seal is broken. For freshness, store in a cool, dry place.

References available at [bioclinicnaturals.com](http://bioclinicnaturals.com)



· GUARANTEED ·

Bioclinic Naturals® products are manufactured to meet or exceed current Good Manufacturing Practices (cGMP) of the U.S. Food and Drug Administration (FDA), Health Canada, and the Therapeutic Goods Administration (TGA) of Australia.



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**Head office** Assured Natural Distribution Inc., 104 – 3686 Bonneville Place, Burnaby, BC, Canada V3N 4T6 | **U.S. Distribution office** 14224 167<sup>th</sup> Avenue SE, Monroe, WA, USA 98272

**Customer Service** 1-888-826-9625 · Fax 1-877-433-9862 · Email [customerservice@bioclinicnaturals.com](mailto:customerservice@bioclinicnaturals.com)